SCHEDULING STATUS: **S0**

PROPRIETARY NAME: **FRESHEN SODIUM SULPHATE LAXATIVE**

(AND DOSAGE FORM) **(SALTS)**

COMPOSITION:

8,5 g Anhydrous sodium sulphate per sachet, and

200 g Anhydrous sodium sulphate per jar.

Sugar free

PHARMACOLOGICAL CLASSIFICATION:

A 11.5 Laxatives

PHARMACOLOGICAL ACTION:

Saline laxative which acts by its osmotic properties, thus increasing stimulation of fluid secretion, thereby promoting bowel movement.

INDICATIONS:

For the relief of occasional constipation.

CONTRAINDICATIONS:

Sensitivity to the ingredient.

Should not be used in patients with impaired renal function. Do not use in patients with megacolon, as hypernatraemic dehydration may occur.

WARNINGS AND SPECIAL PRECAUTIONS:

This medicine should not be used in the presence of abdominal pain, nausea or vomiting. This product should not be used for a period longer than one week, unless directed by a doctor. If you have noticed a sudden change in bowel habits that has persisted for a period longer than 2 weeks, consult a doctor before using the laxative. Rectal bleeding or failure to have a bowel movement after use of a laxative may indicate a serious condition.

Discontinue use and consult a doctor.

Sodium content: 119,7 mmol / 8,5 g (1 medicine measure). If you are on a low salt diet, have a kidney disease or suffer from high blood pressure, do not use this product except under the supervision of a doctor.

Sodium excess may be caused by inadequate fluid intake, excessive fluid losses, excessive administration of sodium, impaired renal function and aldosteronism. Retention of sodium leads to accumulation of extracellular fluid which may affect the cerebral, pulmonary, or peripheral circulations.

Administer with caution to patients with congestive heart failure, peripheral or pulmonary oedema, impaired renal function, or pre-eclampsia.

DOSAGE AND DIRECTIONS FOR USE:

Adults and children 12 years and over: 1 medicine measure (8,5 g) daily, dissolved in a glass of warm water.

Not recommended for use in children under the age of 12 years.

SIDE EFFECTS

See ‘WARNINGS AND SPECIAL PRECAUTIONS’

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:

See ‘**WARNINGS AND SPECIAL PRECAUTIONS’**.

Treatment is symptomatic and supportive.

IDENTIFICATION:

A white powder; odourless; hygroscopic.

PRESENTATION:

200 g packed in clear, round PET jars with a white PP screw on closure and 8,5 g packed in sachets.

STORAGE INSTRUCTIONS:

Store at or below 30 °C in well-closed containers.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER:

E/11.5/1799

NAME AND BUSINESS ADDRESS OF HOLDER OF THE CERTIFICATE OF REGISTRATION:

Adcock Ingram Limited

1 New Road

Erand Gardens

Midrand, 1685

Private Bag X69

Bryanston, 2021

www.adcock.com

DATE OF PUBLICATION OF THIS PACKAGE INSERT:

27 May 1996