SCHEDULING STATUS: **S2**

PROPRIETARY NAME (AND DOSAGE FORM):

D.P.H. (SYRUP)

COMPOSITION:

Each 5 ml contains:

Diphenhydramine hydrochloride	14,1 mg
Ammonium chloride	137,0 mg
Sodium citrate	57,0 mg
Preservative:	
Nipastat	0,02 % *m/v*
Contains sugar:	
Sucrose	4,038 g

List of excipients: Caramel colourant, chloroform, chloroform spirit, purified water, racemic menthol and raspberry essence.

PHARMACOLOGICAL CLASSIFICATION:

A 10.1 Medicines acting on the respiratory system. Antitussives and expectorants

INDICATIONS:

Coughs.

CONTRAINDICATIONS:

Impaired hepatic or renal functions. Epilepsy.

Do not use in children under 2 years of age.

WARNING AND SPECIAL PRECAUTIONS:

This medicine may lead to drowsiness and impaired concentration that may be aggravated by simultaneous intake of alcohol or other central nervous system depressants. Patients should be warned not to drive a motor vehicle, operate dangerous machinery or climb dangerous heights as impaired decision making could lead to accidents.

Large doses of ammonium chloride may cause nausea, vomiting, thirst, headache, hyperventilation, progressive drowsiness, mental confusion, hyperchloraemic acidosis and hypokalaemia.

Contains sucrose which may have an effect on the glycaemic control of patients with diabetes mellitus.

Contains sucrose. Patients with a rare hereditary condition such as fructose intolerance, glucose-galactose mal-absorption or sucrose-isomaltase insufficiency should not take D.P.H.

INTERACTIONS:

The sedative effect of central nervous system depressants including alcohol, barbiturates, hypnotics, narcotic analgesics, sedatives and tranquilisers may be enhanced as may be those of anticholinergic drugs such as atropine and tricyclic antidepressants (See WARNING and SPECIAL PRECAUTIONS).

PREGNANCY AND LACTATION:

Safety and/or efficacy has not been established.

DOSAGE AND DIRECTIONS FOR USE:

Adults:	One to two medicine measures every four hours.
Children:	Half to one medicine measure every four hours according to age.
	Not recommended for children under 2 years of age.

SIDE EFFECTS:

Diphenhydramine hydrochloride may cause sedation varying from slight drowsiness to deep sleep and including inability to concentrate, lassitude, dizziness, hypotension, muscular weakness and inco-ordination.

Gastrointestinal disturbances such as nausea, vomiting, diarrhoea or constipation, colic and epigastric pain. Headache, blurred vision, tinnitus, elation or depression, irritability, nightmares, anorexia, difficulty in micturition, dryness of the mouth, tightness of the chest and tingling heaviness and

weakness of the hands. Symptoms of stimulation may also arise which include insomnia, nervousness, tachycardia, tremors, muscle twitching and convulsions.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:

Children symptoms of overdosage may include convulsions and hyperpyrexia. In adults symptoms include those mentioned under **'SIDE EFFECTS'**.

Treatment: Symptomatic and supportive.

IDENTIFICATION:

A clear, brown viscous syrup, with a sweet chloroform and raspberry odour.

PRESENTATION:

200 ml and 2,5 L.

STORAGE INSTRUCTIONS:

Store in airtight container at or below 30 °C. Protect from light.

KEEP OUT OF REACH FROM CHILDREN

REFERENCE NUMBER:

G 1034 (Act 101/1965)

NAME AND BUSINESS ADDRESS OF APPLICANT:

Adcock Ingram Limited

1 New Road

Erand Gardens

Midrand, 1685

Private Bag X 69

Bryanston, 2021, RSA

www.adcock.com

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