### **Professional Information**

## **WARNING**

Xeloda-Warfarin Interaction: Patients receiving concomitant capecitabine and oral coumarinderivative anticoagulant therapy should have their anticoagulant response (INR or prothrombin time) monitored frequently in order to adjust the anticoagulant dose accordingly. A clinically important Xeloda-Warfarin interaction was demonstrated in a clinical pharmacology trial. Altered coagulation parameters and/or bleeding, including death, have been reported in patients taking Xeloda concomitantly with warfarin. Post-marketing reports have shown clinically significant increases in prothrombin time (PT) and INR in patients who were stabilised on anticoagulants at the time Xeloda was introduced. These events occurred within several days and up to several months after initiating Xeloda therapy and, in a few cases, within one month after stopping Xeloda. These events occurred in patients with and without liver metastases. Age greater than 60 and a diagnosis of cancer independently predispose patients to an increased risk of coagulopathy.

# **SCHEDULING STATUS**

S4

## 1 NAME OF THE MEDICINE

Xeloda® 150 Film-coated tablet

Xeloda® 500 Film-coated tablet

# 2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each 150 mg film-coated tablet contains 150 mg of capecitabine.

Each 500 mg film-coated tablet contains 500 mg of capecitabine.

Excipients with known effect: Anhydrous lactose

Professional Information:

Contains sugar, i.e. anhydrous lactose (see section 4.4)

For the full list of excipients, see section 6.1.

3 PHARMACEUTICAL FORM

Xeloda 150: A light peach biconvex film-coated oblong-shaped tablet with Xeloda engraved on one

face and 150 engraved on the reverse.

Xeloda 500: A peach biconvex film-coated oblong-shaped tablet with Xeloda engraved on one face

and 500 engraved on the reverse.

4 CLINICAL PARTICULARS

4.1 Therapeutic Indications

**Breast Cancer** 

Metastatic breast cancer (Combination therapy): Xeloda in combination with docetaxel is indicated

for the treatment of patients with locally advanced or metastatic breast cancer after failure of cytotoxic

chemotherapy which should have included an anthracycline.

Metastatic breast cancer (Monotherapy): Xeloda is indicated as monotherapy for the treatment of

patients with locally advanced or metastatic breast cancer after failure of taxanes and an anthracycline-

containing chemotherapy regimen or for whom further anthracycline therapy is not indicated.

Colorectal cancer

Colon cancer: Xeloda is indicated as adjuvant treatment after surgery, of patients with Dukes C colon

cancer.

Metastatic colorectal cancer: Xeloda is indicated as treatment of patients with metastatic colorectal

adenocarcinoma. The benefit relates to time to progression, while overall survival was not influenced.

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Gastric Cancer: Xeloda is indicated as first line treatment of patients with advanced gastric

adenocarcinoma in combination with other anti-chemotherapeutic regimen. The benefit relates to time

to progression, while overall survival was not influenced.

4.2 Posology and method of administration

Xeloda should only be prescribed by a medical practitioner experienced in the utilisation of

antineoplastic medicines.

Xeloda tablets should be swallowed with water within 30 minutes after a meal. Xeloda tablets should

not be crushed or cut (see section 4.8 Postmarketing Experience). If patients cannot swallow Xeloda

tablets whole and tablets must be crushed or cut, this should be done by a professional trained in the

safe handling of cytotoxic drugs (see section 6.6 Special Instructions for Use, Handling and Disposal).

Treatment should be discontinued if progressive disease or intolerable toxicity is observed.

Adults

Monotherapy - Colon, colorectal and breast cancer

The recommended monotherapy dose of Xeloda is 1 250 mg/m<sup>2</sup> administered twice daily (morning and

evening; equivalent to 2 500 mg/m<sup>2</sup> total daily dose) for 14 days followed by a 7 day rest period.

Adjuvant treatment in patients with Stage III colon cancer is recommended for a maximum of six

months.

Combination therapy

Colorectal and Gastric cancer: In combination treatment, the starting dose of Xeloda should be

reduced to 1 000 mg/m<sup>2</sup> when administered twice daily for 14 days followed by a 7-day rest period. For

the Xeloda Dose Reduction Schedule, please refer to Table 1.

The inclusion of biological medicines in a combination regimen has no effect on the starting dose of

Xeloda.

Premedication to maintain adequate hydration and anti-emesis according to the cisplatin prescribing information should be started prior to cisplatin administration for patients receiving the Xeloda plus cisplatin combination.

**Breast Cancer:** In combination with docetaxel for locally advanced or metastatic breast cancer, the recommended dose of Xeloda is 1 250 mg/m² twice daily for 14 days followed by a 7 day rest period, combined with docetaxel at 75 mg/m² as a 1 hour intravenous infusion every 3 weeks. Pre-medication with an oral corticosteroid such as dexamethasone according to the docetaxel prescribing information should be started prior to docetaxel administration for patients receiving the Xeloda plus docetaxel combination.

## **Dose Calculation**

Xeloda dose is calculated according to body surface area.

**Table 1:** Standard and reduced dose calculations according to body surface area for a starting dose of Xeloda of 1 250 mg/m<sup>2</sup>

Table 1: Dose level 1 250 mg/m <sup>2</sup> (twice daily)					
<b>Body Surface</b>	Full dose	Number of 15	0 mg tablets	Reduced	Reduced dose
Area (m²)		and/or 500 mg		dose (75 %)	(50 %)
	1 250 mg/m²	administratio	n to be	950 mg/m²	625 mg/m <sup>2</sup>
		given mor	ning and		
		evening)			
	Dose per			Dose per	Dose per
	administratio	150 mg	500 mg	administratio	administration
	n (mg)			n (mg)	(mg)
≤ 1,26	1 500	-	3	1 150	800
1,27- 1,38	1 650	1	3	1 300	800

# Equity Pharmaceuticals (Pty) Ltd.

Xeloda 150 & 500, Film-coated tablets Each film-coated tablet contains capecitabine equivalent to capecitabine 150 & 500 mg

1,39 -1,52	1 800	2	3	1 450	950
1,53 - 1,66	2 000	-	4	1 500	1 000
1,67 - 1,78	2 150	1	4	1 650	1 000
1,79 - 1,92	2 300	2	4	1 800	1 150
1,93 - 2,06	2 500	-	5	1 950	1 300
2,07 - 2,18	2 650	1	5	2 000	1 300
≥ 2,19	2 800	2	5	2 150	1 450

**Table 2:** Standard and reduced dose calculations according to body surface area for a starting dose of Xeloda of 1 000 mg/m<sup>2</sup>

Table 2: Dose lev	Table 2: Dose level 1 000 mg/m <sup>2</sup> (twice daily)					
Body Surface	Full dose	Number	of 150 mg	Reduced dose	Reduced dose	
Area (m²)		tablets	and/or	(75 %)	(50 %)	
		500 mg t	ablets per			
	1 000 mg/m <sup>2</sup>	administr	ation (each	750 mg/m²	500 mg/m <sup>2</sup>	
		administr	ation to be			
		given mo	orning and			
		evening)				
	Dose per			Dose per	Dose per	
	administration	150 mg	500 mg	administration	administration	
	(mg)			(mg)	(mg)	
≤ 1,26	1 150	1	2	800	600	
1,27 - 1,38	1 300	2	2	1 000	600	
1,39 - 1,52	1 450	3	2	1 100	750	

1,5 - 1,66	1 600	4	2	1 200	800
1,67 - 1,78	1 750	5	2	1 300	800
1,79 - 1,92	1 800	2	3	1 400	900
1,93 - 2,06	2 000	-	4	1 500	1 000
2,07 - 2,18	2 150	1	4	1 600	1 050
≥ 2,19	2 300	2	4	1 750	1 100

# Dose adjustments during treatment

Patients should be carefully monitored for toxicity. Toxicity due to Xeloda administration may be managed by symptomatic treatment and/or modification of the Xeloda dose (treatment interruption or dose reduction).

Dosage modifications are not recommended for Grade 1 events. Therapy with Xeloda should be interrupted upon the occurrence of a Grade 2 or 3 adverse drug reaction (ADR). Once the ADR has resolved or decreased in intensity to Grade 1, then Xeloda therapy may be restarted at full dose or adjusted according to the table below. If a Grade 4 ADR occurs, therapy should be discontinued or interrupted until the ADR has resolved or decreased to Grade 1, and therapy can then be restarted at 50 % of the original dose.

Patients taking Xeloda should be informed of the need to interrupt treatment immediately if moderate or worse toxicity occurs.

Doses of Xeloda omitted for toxicity are not replaced or restored; instead the patient should resume the planned treatment cycles. Once the dose has been reduced it should not be increased at a later time. See Section 4.8.

The following table shows the recommended dose modifications following toxicity with Xeloda.

Table 3: Xeloda Dose Reduction Schedule following toxicity (3-weekly cycle or continuous treatment).

Toxicity	Dose changes within a treatment	Dose adjustment for next
NCIC grades*	cycle	cycle/dose
		(% of starting dose)
Grade 1	Maintain dose level	Maintain dose level
Grade 2		
1st appearance	Interrupt until resolved to grade 0 - 1	100 %
2nd appearance	Interrupt until resolved to grade 0 - 1	75 %
3rd appearance	Interrupt until resolved to grade 0 - 1	50 %
4th appearance	Discontinue treatment permanently	
Grade 3		
1st appearance	Interrupt until resolved to grade 0 - 1	75 %
2nd appearance	Interrupt until resolved to grade 0 - 1	50 %
3rd appearance	Discontinue treatment permanently	
Grade 4	I	
1st appearance	Discontinue permanently or	50 %
	If physician deems it to be in the patient's	
	best interest to continue, interrupt until	
	resolved to grade 0 - 1	
2nd appearance	Discontinue treatment permanently	

<sup>\*</sup>According to the National Cancer Institute of Canada Clinical Trial Group (NCIC CTG) Common Toxicity Criteria (version 1) or the Common Terminology Criteria for Adverse Events (CTCAE) of the Cancer Therapy Evaluation Program, US National Cancer Institute, version 3.0.

For hand-foot syndrome and hyperbilirubinaemia, see Section 4.8.

Haematology: Patients with baseline neutrophil counts of < 1,5 x 109/L and/or thrombocyte counts of

< 100 x 10<sup>9</sup>/L should not be treated with the Xeloda. If unscheduled laboratory assessments during a

treatment cycle show grade 3 or 4 haematologic toxicity, treatment with Xeloda should be interrupted.

Dose modifications for toxicity when Xeloda is used as a 3 weekly cycle in combination with

other medicines: Dose modifications for toxicity when Xeloda is used as a 3 weekly cycle in

combination with other medicines should be made according to Table 3 above for Xeloda and according

to the appropriate prescribing information for the other medicine(s) used.

At the beginning of a treatment cycle, if a treatment delay is indicated for either Xeloda or the other

medicine(s), then administration of all medicines should be delayed until the requirements for restarting

all medicines are met.

During a treatment cycle for those toxicities considered by the treating medical practitioner not to be

related to Xeloda, Xeloda should be continued and the dose of the other agent should be adjusted

according to the appropriate prescribing information.

If the other medicine(s) has (have) to be discontinued permanently, Xeloda treatment can be resumed

when the requirements for restarting Xeloda are met.

This advice is applicable to all indications and to all special populations.

Dose modifications for toxicity when Xeloda is used continuously in combination with other

medicines: Dose modifications for toxicity when Xeloda is used continuously in combination with other

medicines should be made according to Table 3 above for Xeloda and according to the appropriate

prescribing information for the other medicine(s).

Special dosing instructions

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Hepatic Impairment

In patients with mild to moderate hepatic impairment due to liver metastases, no starting dose

adjustment is necessary. However, such patients should be carefully monitored. Patients with severe

hepatic impairment have not been studied. See Section 4.8.

Renal Impairment

Xeloda is contraindicated in patients with severe renal impairment (creatinine clearance below 30

mL/min). See Section 4.3.

The incidence of grade 3 or 4 adverse reactions in patients with moderate renal impairment (creatinine

clearance 30 - 50 mL/min at baseline) is increased compared to the overall population.

In patients with moderate renal impairment (creatinine clearance 30 - 50 mL/min) [Cockcroft and Gault])

at baseline, a dose reduction to 75 % for starting dose of 1 250 mg/m<sup>2</sup> is recommended. In patients

with moderate renal impairment at baseline, no dose reduction is required for a starting dose of 1 000

mg/m<sup>2</sup>. In patients with mild renal impairment (creatinine clearance 51 - 80 mL/min), no adjustment in

starting dose is recommended.

Careful monitoring and prompt treatment interruption is recommended if the patient develops a Grade

2, 3 or 4 adverse event, with subsequent dose adjustment as outlined in the table above.

The dose adjustment recommendations for patients with moderate renal impairment apply both to

monotherapy and combination use. See Sections 4.3, 4.8 and 5.2.

Children:

Safety and efficacy in children and adolescents (< 18 years) have not been established.

Elderly: No adjustment of the starting dose is needed for Xeloda monotherapy. However, severe Grade

3 or 4 treatment-related adverse events were more frequent in patients over 60 years of age compared

to younger patients. When Xeloda was used in combination with other antineoplastic medicines, elderly

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patients (≥ 65 years) experienced more Grade 3 and Grade 4 ADRs and ADRs that led to

discontinuation, than younger patients. Careful monitoring of geriatric patients is advisable.

For treatment with Xeloda:

In combination with docetaxel, an increased incidence of grade 3 or 4 treatment-related adverse

reactions and treatment-related serious adverse reactions were observed in patients 60 years of age

or more. For patients 60 years of age or more treated with the combination of Xeloda plus docetaxel,

a starting dose reduction of Xeloda to 75 % (950 mg/m<sup>2</sup> twice daily) is recommended. If no toxicity is

observed in patients  $\geq$  60 years of age treated with a reduced Xeloda starting dose in combination with

docetaxel, the dose of Xeloda may be cautiously escalated to 1 250 mg/m<sup>2</sup> twice daily.

In combination with irinotecan: for patients 65 years of age or more treated with the combination

of Xeloda with irinotecan, a starting dose reduction of Xeloda to 800 mg/m<sup>2</sup> twice daily is recommended.

4.3 **Contraindications** 

Xeloda is contraindicated in:

patients with known hypersensitivity to capecitabine or to any of its excipients

patients who have a history of severe and unexpected reactions to fluoropyrimidine therapy, or

with known hypersensitivity to fluorouracil (capecitabine metabolite)

patients with known dihydropyrimidine dehydrogenase (DPD) deficiency

patients with severe leukopenia, neutropenia, or thrombocytopenia

patients with severe hepatic impairment

in patients with severe renal impairment (creatinine clearance below 30 mL/min).

Xeloda should not be administered with sorivudine or its chemically related analogues, such as

brivudine. See section 4.5. If contraindications exist for any of the medicines in the combination

regimen, that agent should not be used.

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4.4 Special warnings and precautions for use

Xeloda-Warfarin Interaction: see boxed WARNING at the beginning of this professional information.

Care should be exercised when Xeloda is co-administered with medicines, which are metabolised by

cytochrome P450 2C9 such as for example warfarin or phenytoin. Patients receiving concomitant

Xeloda and oral coumarin-derivative anticoagulant therapy should have their anticoagulant\_response

(INR or prothrombin time) monitored closely and the anticoagulant dose adjusted accordingly. Patients

taking phenytoin concomitantly with Xeloda should be regularly monitored for increased phenytoin

plasma concentrations. (see section 4.5 Interactions with other medicines and other forms of

interaction).

Diarrhoea: Xeloda can induce diarrhoea, which can sometimes be severe. Standard anti-diarrhoeal

treatments (e.g. loperamide) need to be instituted immediately. See section 4.8. Dose reduction should

be applied as necessary (see section 4.2).

**Dehydration**: Dehydration should be prevented or corrected at the onset. Patients with anorexia,

asthenia, nausea, vomiting or diarrhea may rapidly become dehydrated.

Dehydration may cause acute renal failure, especially in patients with pre-existing compromised renal

function or when capecitabine is given concomitantly with known nephrotoxic medicines. Fatal outcome

of renal failure has been reported in these situations, see section 4.8 Postmarketing Experience,

Undesirable Effects.

If Grade 2 (or higher) dehydration occurs, Xeloda treatment should be immediately interrupted and the

dehydration corrected. Treatment should not be restarted until the patient is rehydrated and any

precipitating causes have been corrected or controlled. Dose modifications should be applied for the

precipitating ADR as necessary (see section 4.2 Posology and method of administration).

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Xeloda 150 & 500, Film-coated tablets

Each film-coated tablet contains capecitabine

equivalent to capecitabine 150 & 500 mg

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Dose limiting toxicity: Patients treated with Xeloda should be carefully monitored for toxicity. Most

adverse events are reversible and do not require permanent discontinuation of therapy, although doses

may need to be withheld or reduced.

Geriatric patients: Careful monitoring of elderly patients is advisable. See section 4.2, subsection -

Dosing in special populations, Elderly.

Hand-foot syndrome: Xeloda can induce hand-foot syndrome (palmar-plantar erythrodysaesthesia or

chemotherapy induced acral erythema) which is a cutaneous toxicity (for patients receiving Xeloda

monotherapy, the median time to onset of 79 days, range from 11 to 360 days) with a severity range

of Grades 1 to 3. Grade 1 is defined by numbness, dysaesthesia, paraesthesia, tingling erythema of

the hands and/or feet and/or discomfort which does not disrupt normal activities. Grade 2 hand-and-

foot syndrome is defined as painful erythema and swelling of the hands and/or feet and/or discomfort

affecting the patient's activities of daily living. Grade 3 hand-and-foot syndrome is defined as moist

desquamation, ulceration, blistering or severe pain of the hands and/or feet and/or severe discomfort

that cause the patient to be unable to work or perform activities of daily living. If Grade 2 or 3 hand-

and-foot syndrome occurs, administration of Xeloda should be interrupted until the event resolves or

decreases in intensity to grade 1. Following Grade 3 hand-and-foot syndrome, subsequent doses of

Xeloda should be decreased. See section 4.2.

Cardiotoxicity: The spectrum of cardiotoxicity observed with Xeloda is similar to that of other

fluorinated pyrimidines. This includes myocardial infarction, angina, dysrhythmias, cardiac arrest,

cardiac failure, and electrocardiograph changes. These adverse events may be more common in

patients with a prior history of coronary artery disease.

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Hypo- or hypercalcaemia: Hypo- or hypercalcaemia has been reported during capecitabine

treatment. Caution must be exercised in patients with pre-existing hypo- or hypercalcaemia (see

section 4.8).

Central or peripheral nervous system disease: Caution must be exercised in patients with central

or peripheral nervous system disease, e.g. brain metastasis or neuropathy (see section 4.8).

Diabetes mellitus or electrolyte disturbances: Caution must be exercised in patients with diabetes

mellitus or electrolyte disturbances, as these may be aggravated during capecitabine treatment.

**Renal Insufficiency:** Xeloda is contraindicated in patients with severe renal impairment (creatinine

clearance below 30 mL/min). Medical practitioners should exercise caution when Xeloda is

administered to patients with impaired renal function. As seen with 5-FU, the incidence of treatment

related grade 3 or 4 adverse events was higher in patients with moderate renal impairment (creatinine

clearance 30 - 50 mL/min). In patients with moderate renal impairment (creatinine clearance 30 - 50

mL/min) at baseline or during treatment, a dose reduction to 75 % of starting dose is recommended.

The starting dose adjustment recommendation for patients with moderate renal impairment applies

both to Xeloda monotherapy and Xeloda in combination use. Careful monitoring and prompt treatment

interruption is recommended if the patient develops a Grade 2, 3 or 4 adverse event, with subsequent

dose adjustment as outlined in the table 3 under section 4.2 and see sections 4.2, 4.3 and 5.2.

Hyperbilirubinemia: Xeloda can induce hyperbilirubinemia. Administration of Xeloda should be

interrupted if treatment-related elevations in bilirubin of > 3,0 x ULN or treatment-related elevations in

hepatic aminotransferases (ALT, AST) of > 2,5 x ULN occur. Treatment may be resumed when bilirubin

decreases to  $\leq$  3,0 x ULN or hepatic aminotransferases decreases to  $\leq$  2,5 x ULN.

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Hepatic insufficiency: Patients with hepatic impairment should be carefully monitored when Xeloda

is administered. However, the effect of hepatic impairment not due to liver metastases or severe hepatic

impairment on the disposition of Xeloda is not known. See section 4.2.

Dihydropyrimidine dehydrogenase (DPD) deficiency:

Severe toxicity (e.g. stomatitis, diarrhoea, neutropenia and neurotoxicity) associated with 5-fluorouracil

has been attributed to a deficiency of dihydropyrimidine dehydrogenase (DPD) activity. A link between

decreased levels of DPD and increased, potentially fatal toxic effects of 5-fluorouracil can therefore not

be excluded (see section 4.3).

Ophthalmologic complications:

Patients should be carefully monitored for ophthalmological complications such as keratitis and corneal

disorders, especially if they have a prior history of eye disorders. Treatment of eye disorders should be

initiated as clinically appropriate.

Severe skin reactions: Xeloda can induce severe skin reactions such as Stevens-Johnson syndrome

and Toxic Epidermal Necrolysis. Xeloda should be permanently discontinued in patients who

experience a severe skin reaction during treatment.

Lactose intolerance:

Xeloda contains lactose and should not be administered to patients with rare hereditary problems of

galactose intolerance e.g galactosaemia, Lapp lactase deficiency or glucose-galactose malabsorption.

4.5 Interaction with other medicines and other forms of interaction

Phenytoin: Increased phenytoin plasma concentrations have been reported during concomitant use

of capecitabine with phenytoin. Formal interaction studies with phenytoin have not been conducted,

but the mechanism of interaction is presumed to be inhibition of the CYP2C9 isoenzyme system by

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capecitabine (also refer to blocked WARNING at the beginning of this professional information).

Patients taking phenytoin concomitantly with capecitabine should be regularly monitored for increased

phenytoin plasma concentrations.

Food interaction: In all clinical trials, patients were instructed to take Xeloda within 30 minutes after a

meal. Since current safety and efficacy data are based upon administration with food, it is

recommended that Xeloda be administered with food. See section 5.2.

Antacid: The effect of an aluminium hydroxide and magnesium hydroxide-containing antacid (Maalox)

on the pharmacokinetics of capecitabine was investigated in cancer patients. There was a small

increase in plasma concentrations of capecitabine and one metabolite (5'-DFCR); there was no effect

on the 3 major metabolites (5'-DFUR, 5-FU and FBAL).

Leucovorin: The effect of leucovorin (folinic acid) on the pharmacokinetics of capecitabine was

investigated in cancer patients. Leucovorin has no effect on the pharmacokinetics of capecitabine and

its metabolites.

Sorivudine and analogues: A clinically significant interaction between sorivudine and 5-FU, resulting

from the inhibition of dihydropyrimidine dehydrogenase by sorivudine, has been described in the

literature. This interaction, which leads to increased fluoropyrimidine toxicity, is potentially fatal.

Therefore, Xeloda should not be administered with sorivudine or its chemically related analogues, such

as brivudine. See section 4.3.

Allopurinol: interactions with allopurinol have been observed for 5-FU; with possible decreased

efficacy of 5-FU. Concomitant use of allopurinol with Xeloda should be avoided.

Interaction with cytochrome P-450: For potential interactions with isozymes 1A2, 2C9 and 3A4, see

interactions with coumarin-derivative anticoagulation in the boxed warning.

Interferon alpha: the Maximum Tolerated Dose (MTD) of Xeloda was 2 000 mg/m<sup>2</sup> per day when

combined with interferon alpha-2a (3 MIU/m<sup>2</sup> per day) compared to 3 000 mg/m<sup>2</sup> per day when Xeloda

was used alone.

Radiotherapy: the MTD of Xeloda alone using the intermittent regimen is 3 000 mg/m<sup>2</sup> per day,

whereas, when combined with radiotherapy for rectal cancer, the MTD of Xeloda is 2 000 mg/m<sup>2</sup> per

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day using either a continuous schedule or given daily Monday through Friday during a 6-week course

of radiotherapy.

Oxaliplatin: no clinically significant differences in exposure to capecitabine or its metabolites, free

platinum or total platinum occurred when capecitabine was administered in combination with oxaliplatin

or in combination with oxaliplatin and bevacizumab.

Bevacizumab: there was no clinically significant effect of bevacizumab on the pharmacokinetic

parameters of capecitabine or its metabolites in the presence of oxaliplatin.

**Food interaction:** In all clinical trials, patients were instructed to administer Xeloda within 30 minutes

after a meal. Since current safety and efficacy data are based upon administration with food, it is

recommended that Xeloda be administered with food. Administration with food decreases the rate of

capecitabine absorption.

4.6 Fertility, pregnancy and lactation

Fertility

Based on evidence from animal studies, Xeloda may impair fertility in females and males of

reproductive potential.

Contraception

**Females** 

Women of childbearing potential should be advised to avoid becoming pregnant while receiving

treatment with Xeloda. An effective method of contraception should be used during treatment and for

6 months after the last dose of Xeloda. If the patient becomes pregnant while receiving Xeloda, the

potential hazard to the foetus must be explained.

Males

Based on genetic toxicity findings, male patients with female partners of reproductive potential should

use effective contraception during treatment and for 3 months following the last dose of Xeloda.

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Pregnancy

There are no studies in pregnant women using Xeloda; however, based on the pharmacological and

toxicological properties of Xeloda, it can be assumed that Xeloda may cause foetal harm if administered

to pregnant women. In reproductive toxicity studies in animals, capecitabine administration caused

embryolethality and teratogenicity. These findings are expected effects of fluoropyrimidine derivatives.

Capecitabine should be considered a potential human teratogen. Xeloda should not be used during

pregnancy. If Xeloda is used during pregnancy, or if the patient becomes pregnant while receiving

Xeloda, the patient must be apprised of the potential hazard to the foetus.

Lactation

It is not known whether Xeloda is excreted in human milk. No studies have been conducted to assess

the impact of Xeloda on milk production or its presence in human breast milk. In a study of single oral

administration of Xeloda to lactating mice, a significant amount of capecitabine metabolites was detected

in the milk. As the potential for harm to the nursing infant is unknown, breastfeeding should be

discontinued during treatment with Xeloda and for 2 weeks after the final dose.

4.7 Effects on ability to drive and use machines

Xeloda has moderate influence on the ability to drive and use machines. Patients should be advised to

use caution when driving or using machines, if they experience, adverse drug reactions (ADRs) such

as dizziness, fatigue, and or nausea during treatment with Xeloda.

4.8 Undesirable effects

a. Summary of the safety profile:

Clinical Trials

The side effects considered to be related to the administration of Xeloda have been obtained from

clinical studies in > 3 000 patients conducted with Xeloda monotherapy (in adjuvant therapy of colon

cancer, in metastatic colorectal cancer and metastatic breast cancer), Xeloda in combination with

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docetaxel in metastatic breast cancer after failure of cytotoxic chemotherapy, Xeloda in combination

with oxaliplatin with or without bevacizumab in metastatic colorectal cancer and Xeloda in combination

with various medicines in advanced gastric cancer. The safety data from the clinical trial population for

monotherapy and combination therapy are presented in this section. For post marketing experience,

see Table 10 below.

The most commonly reported treatment-related side effects were gastrointestinal disorders (especially

diarrhoea, nausea, vomiting, abdominal pain, stomatitis), fatigue and hand-foot syndrome (palmar-

plantar erythrodysaesthesia).

The following headings are used to rank the side effects by frequency: Very common (≥ 1/10), common

(≥ 1/100, < 1/10) and uncommon (≥ 1/1 000, < 1/100). Within each frequency grouping, side effects

are presented in order of decreasing seriousness.

b. Tabulated list of adverse reactions

Xeloda Monotherapy:

Safety data for Xeloda monotherapy has been obtained from > 1 900 patients. Table 4 lists side effects

associated with the use of Xeloda monotherapy in three major clinical trials in adjuvant treatment for

colon cancer and for metastatic colorectal cancer. Each side effect has been added to the appropriate

frequency grouping according to the overall incidence from a pooled analysis of the safety data from

these three major clinical studies in colorectal cancer.

The most frequently reported treatment-related side effects were gastrointestinal disorders, especially

diarrhoea, nausea, vomiting, stomatitis, and hand-foot syndrome (palmar-plantar erythrodysaesthesia).

The safety profiles of Xeloda monotherapy for the metastatic breast cancer, metastatic colorectal

cancer and adjuvant colon cancer populations are comparable.

**Table 4:** Summary of side effects reported in patients treated with Xeloda monotherapy in adjuvant

treatment for colon cancer and metastatic colorectal cancer.

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Body System	Very Common	Common	Uncommon
	(≥ 1/10)	(≥ 1/100 - < 1/10)	(≥ 1/1 000 - < 1/100)
	All Grades	All Grades	Severe and/or Life-
			threatening (Grade 3 -
			4) or Considered
			Medically Relevant
Infections and	-	Herpes simplex	Sepsis
infestations		Nasopharyngitis	Urinary tract infection
		Lower respiratory tract	Cellulitis
		infection	Tonsillitis
			Pharyngitis
			Oral candidiasis
			Influenza
			Gastroenteritis
			Fungal infection
			Herpes infection
			Infection
			Tooth abscess
Neoplasm benign,	-	-	Lipoma
malignant and			
unspecified			

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-	Neutropenia	Febrile neutropenia
	Anaemia	Pancytopenia
		Granulocytopenia
		Thrombocytopenia
		Leucopenia
		Haemolytic anaemia
		International
		Normalised Ratio (INR)
		Increased/Prothrombin
		time prolonged
-	-	Hypersensitivity
Anorexia	Dehydration	Diabetes
	Decreased appetite	Hypokalaemia
		Appetite disorder
		Malnutrition
		Hypertriglyceridaemia
-	Insomnia	Confusional state
	Depression	Panic attack
		Depressed mood
		Libido decreased
	Anorexia	Anaemia  Anaemia  Anorexia  Dehydration Decreased appetite  Insomnia

# **Equity Pharmaceuticals (Pty) Ltd.**

Xeloda 150 & 500, Film-coated tablets Each film-coated tablet contains capecitabine equivalent to capecitabine 150 & 500 mg Professional Information:

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Nervous system	-	Headache	Aphasia
disorders		Lethargy	Memory impairment
		Dizziness	Ataxia
		Paraesthesia	Syncope
		Dysgeusia	Balance disorder
			Sensory disorder
			Neuropathy peripheral
Eye disorders	-	Lacrimation increased	Visual acuity reduced
		Conjunctivitis	Diplopia
		Eye irritation	
Ear and labyrinth	-	-	Vertigo
disorders			Ear pain
Cardiac disorders	-	-	Angina unstable
			Angina pectoris
			Myocardial ischaemia
			Atrial fibrillation
			Dysrhythmia
			Tachycardia
			Sinus tachycardia
			Palpitations

Professional Information:

Date of revision: 30 September 2024

Xeloda 150 & 500, Film-coated tablets Each film-coated tablet contains capecitabine equivalent to capecitabine 150 & 500 mg

Vascular disorders	-	Thrombophlebitis	Deep vein thrombosis
			Hypertension
			Petechiae
			Hypotension
			Hot flush
			Peripheral coldness
Respiratory,	-	Dyspnoea	Pulmonary embolism
thoracic and		Epistaxis	Pneumothorax
mediastinal		Cough	Haemoptysis
disorders		Rhinorrhoea	Asthma
			Exertional dyspnoea
Gastrointestinal	Diarrhoea	Gastrointestinal	Intestinal obstruction
disorders	Vomiting	haemorrhage	Ascites
	Nausea	Constipation	Enteritis
	Stomatitis	Upper abdominal pain	Gastritis
	Abdominal pain	Dyspepsia	Dysphagia
		Flatulence	Abdominal pain lower
		Dry mouth	Oesophagitis
		Loose stools	Abdominal discomfort
			Gastro-oesophageal
			reflux disease
			Colitis
Hepatobiliary		Hyperbilirubinaemia	Jaundice
Disorders			

Professional Information:

Date of revision: 30 September 2024

Xeloda 150 & 500, Film-coated tablets
Each film-coated tablet contains capecitabine
equivalent to capecitabine 150 & 500 mg

Skin and	Palmar-plantar	Rash	Skin ulcer
subcutaneous	erythrodysaesthesia	Alopecia	Rash
tissue disorders	syndrome	Erythema	Urticaria
		Dry skin	Photosensitivity
		Pruritus	reaction
		Skin hyper-	Palmar erythema
		pigmentation	Swelling face
		Rash macular	Purpura
		Skin desquamation	
		Dermatitis	
		Pigmentation disorder	
		Nail disorder	
Musculoskeletal	-	Pain in extremity	Joint swelling
and connective		Back pain	Bone pain
tissue disorders		Arthralgia	Facial pain
			Musculoskeletal
			stiffness
			Muscular weakness
Renal and urinary	-	-	Hydronephrosis
disorders			Urinary incontinence
			Haematuria
			Nocturia
Reproductive	-	-	Vaginal haemorrhage
system and breast			
disorders			

General disorders	Fatigue	Pyrexia	Oedema
and administration	Asthenia	Lethargy	Chills
site conditions		Oedema peripheral	Influenza-like illness
		Malaise	Rigors
		Non-cardiac chest pain	
Investigations	-	Weight decreased	Blood in stool
		Liver function test	International normalised
		abnormalities	ratio increased
			Blood creatinine
			increased
			Body temperature
			increased
Injury, poisoning	-	-	Blister
and procedural			Overdose
complications			

Laboratory Abnormalities observed with Xeloda Monotherapy: Table 5 lists laboratory abnormalities of all grades observed with Xeloda monotherapy in three major trials in adjuvant treatment for colon cancer and for metastatic colorectal cancer. Each laboratory abnormality has been added to the appropriate frequency grouping according to the overall incidence from a pooled analysis of the safety data from these three major clinical studies in colorectal cancer.

Table 5: Laboratory abnormalities observed in patients treated with Xeloda monotherapy

Grade	of	Very Common	Common	Uncommon
Abnormality		(≥ 1/10)	(≥ 1/100 - < 1/10)	(≥ 1/1 000 - < 1/100)

Patients with	Decreased	Increased calcium	-
grade 1 to 4	haemoglobin		
abnormality	Decreased		
	neutrophils/granulocyte		
	s		
	Decreased platelets		
	Decreased lymphocytes		
	Decreased sodium		
	Decreased potassium		
	Decreased calcium		
	Increased bilirubin		
	Increased alkaline		
	phosphatase		
	Increased ALT (SGPT)		
	Increased AST (SGOT)		
Patients with	Decreased lymphocytes	Decreased	Decreased sodium
grade 3/4	Increased bilirubin	haemoglobin	Decreased potassium
		Decreased neutrophils/	Increased calcium
		granulocytes	Increased AST (SGOT)
		Decreased platelets	
		Decreased calcium	
		Increased alkaline	
		phosphatase	
		Increased ALT (SGPT)	
Patients with	-	Decreased neutrophils/	Decreased
grade 4		granulocytes	haemoglobin
			Decreased platelets

	Decreased lymphocytes	Decreased sodium
	Decreased calcium	Decreased potassium
	Increased bilirubin	Increased calcium
		Increased alkaline
		phosphatase
		Increased ALT (SGPT)
		Increased AST (SGOT)

# Xeloda in combination therapy:

Tables 6, 7, and 8 list those side effects reported in patients treated with Xeloda in combination with another agent that were seen in addition to those seen with Xeloda monotherapy (see Table 4) or seen at a higher frequency grouping compared to Xeloda monotherapy (see Table 4). Table 9 lists those side effects reported in patients treated with Xeloda in combination with two medicines (oxaliplatin and bevacizumab) that were seen in addition to those seen with Xeloda monotherapy and those seen with Xeloda in combination with oxaliplatin (see Table 8) or seen at a higher frequency grouping compared to Xeloda monotherapy and Xeloda in combination with oxaliplatin (see Table 8). Each adverse drug reaction has been added to the appropriate frequency grouping according to the incidence seen in the major clinical trial (for combination with cisplatin, with docetaxel, and with oxaliplatin and bevacizumab) or in the pooled safety analysis (for combination with oxaliplatin).

Uncommon side effects reported for the combination therapy of Xeloda with the combination agent are consistent with the side effects reported for Xeloda monotherapy or reported for monotherapy with the combination agent (in literature and/or respective summary of product characteristics).

## Xeloda in combination with cisplatin:

Safety data for Xeloda in combination with cisplatin has been obtained from > 150 patients. Table 6 lists side effects associated with the use of Xeloda in combination with cisplatin in the major clinical trial in gastric cancer.

The incidence of hand-foot syndrome for Xeloda plus cisplatin was 22 % (all grades) and 4 % (grade 3) in study ML17032.

**Table 6**. Summary of related side effects reported in patients treated with Xeloda in combination with cisplatin **in addition to** those seen with Xeloda monotherapy or seen at **a higher frequency grouping** compared to Xeloda monotherapy.

Body System	Very common	Common
	(≥ 1/10)	(≥ 1/100 - < 1/10)
	All Grades	All Grades
Infections and infestations	-	Herpes zoster
		Urinary tract infection
Blood and lymphatic system	Neutropenia	Thrombocytopenia
disorders	Leucopenia	Bone marrow depression
	Anaemia	
Metabolism and nutrition	-	Hypokalaemia
disorders		Hyponatraemia
Psychiatric disorders	-	Sleep disorder
Nervous system disorders	-	Neuropathy
		Peripheral sensory neuropathy
		Hypoaesthesia
Ear and labyrinth disorders	-	Tinnitus
		Hypoacusis
Gastrointestinal disorders	-	Upper gastrointestinal
		haemorrhage
		Mouth ulceration
		Gastritis

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Hepatobiliary disorders	-	Hepatic function abnormal
Skin and subcutaneous tissue	-	Hyperhidrosis
disorders		
Musculoskeletal and	-	Myalgia
connective tissue disorders		
General disorders and	-	Mucosal inflammation
administration site conditions		
Investigations	-	Creatinine renal clearance
		decreased

# Xeloda in combination with docetaxel:

Safety data for Xeloda in combination with docetaxel has been obtained from > 250 patients. Table 7 lists side effects associated with the use of Xeloda in combination with docetaxel in the major clinical trial in metastatic breast cancer.

**Table 7:** Summary of related side effects reported in patients treated with Xeloda in combination with docetaxel **in addition to** those seen with Xeloda monotherapy or seen at **a higher frequency grouping** compared to Xeloda monotherapy

Body System	Very common	Common
	(≥ 1/10)	(≥ 1/100 - < 1/10)
	All Grades	All Grades
Infections and infestations	-	Oral candidiasis
Blood and lymphatic system	Neutropenic fever (Grade 3 - 4)	-
disorders		
Metabolism and nutrition	Appetite decreased	-
disorders		

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Nervous system disorders	Taste disturbance	Peripheral neuropathy
	Paraesthesia	
Eye disorders	Lacrimation increased	-
Vascular disorders	Lower limb oedema	
Respiratory, thoracic and	Sore throat	-
mediastinal system disorders		
Gastrointestinal disorders	Constipation	-
	Dyspepsia	
Skin and Subcutaneous	Alopecia	Rash erythematous
Disorders	Nail disorder	Nail discolouration
		Onycholysis
Musculoskeletal and	Myalgia	-
connective tissue disorders	Arthralgia	
General disorders and	Pyrexia	Pain in limb
administration site	Weakness	Pain

# Xeloda in combination with oxaliplatin:

Safety data for Xeloda in combination with oxaliplatin has been obtained from > 900 patients. Table 8 lists side effects associated with the use of Xeloda in combination with oxaliplatin from a pooled analysis of the safety data from two major clinical trials in first- and second-line treatment of metastatic colorectal cancer.

**Table 8:** Summary of related side effects reported in patients treated with Xeloda in combination with oxaliplatin for the first-line and second-line treatment of metastatic colorectal cancer. The side effects shown are those that were seen **in addition to** those seen with Xeloda monotherapy or seen at **a higher frequency grouping** compared to Xeloda monotherapy.

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Body System	Very common	Common
	(≥ 1/10)	(≥ 1/100 - < 1/10)
	All Grades	All Grades
Infections and infestations	-	Urinary tract infection
		Upper respiratory tract infection
Blood and lymphatic system	Neutropenia	Leucopenia
disorders	Thrombocytopenia	
	Anaemia	
Immune system disorders	-	Hypersensitivity
Metabolism and nutrition	-	Hypokalaemia
disorders		Hypomagnesaemia
		Hypocalcaemia
Psychiatric disorders	-	Anxiety
Nervous system disorders	Paraesthesia	Hypoaesthesia
	Neuropathy peripheral	Neurotoxicity
	Peripheral sensory neuropathy	Tremor
	Dysgeusia	Polyneuropathy
	Neuropathy	Neuralgia
	Dysaesthesia	
Eye disorders	-	Vision blurred
		Dry eye
		Visual disturbance.
Vascular disorders	-	Flushing
		Hypertension
		Hypotension

Professional Information:

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Respiratory, thoracic and	Dysaesthesia pharynx	Hiccups
mediastinal system disorders		Pharyngolaryngeal pain
		Dysphonia
Gastrointestinal disorders	Constipation	Oral dysaesthesia
		Abdominal distension
		Gastro-oesophageal reflux
		disease
		Oral pain
		Dysphagia
		Paraesthesia oral
		Rectal haemorrhage
		Abdominal pain lower
Skin and Subcutaneous	-	Hyperhydrosis
Disorders		Urticaria
Musculoskeletal and	-	Pain in jaw
connective tissue disorders		Muscle spasms
		Myalgia
		Trismus
		Muscular weakness
Renal and urinary disorder	-	Haematuria
General disorders and	Pyrexia	Temperature intolerance
administration site		Chills
		Chest pain

Xeloda in combination with oxaliplatin and bevacizumab:

Safety data for Xeloda in combination with oxaliplatin and bevacizumab has been obtained from > 350 patients. Table 9 lists side effects associated with the use of Xeloda in combination with oxaliplatin and bevacizumab in a clinical trial in the first-line treatment of metastatic colorectal cancer.

**Table 9:** Summary of related side effects reported in patients who received Xeloda in combination with oxaliplatin and bevacizumab for the first-line treatment of metastatic colorectal cancer. The side effects shown are those that were seen **in addition to** those seen with Xeloda monotherapy and Xeloda in combination with oxaliplatin or seen at **a higher frequency grouping** compared to Xeloda monotherapy and Xeloda in combination with oxaliplatin.

Body System	Very common	Common
	(≥ 1/10)	(≥ 1/100 - < 1/10)
	All Grades	All Grades
Infections and infestations	-	Rhinitis, Influenza
Blood and lymphatic system	-	Febrile neutropenia
disorders		
Metabolism and nutrition	-	Hyperglycaemia
disorders		
Nervous system disorders	Headache	-
Cardiac disorders	-	Atrial fibrillation
		Myocardial ischaemia
Vascular disorders	Hypertension	Deep vein thrombosis
		Hypertensive crisis
Respiratory, thoracic and	-	Pulmonary embolism
mediastinal system disorders		
Gastrointestinal disorders	-	Gastritis

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Skin and Subcutaneous	-	Night sweats
Disorders		
Musculoskeletal and	Pain in extremity	-
connective tissue disorders		
Renal and urinary disorder	-	Proteinuria
General disorders and	-	Pain
administration site		Influenza-like illness
Investigations	-	Blood pressure increased
Injury, poisoning and	-	Contusion
procedural complications		

### Xeloda in combination with irinotecan:

Side effects reported in patients treated with Xeloda in combination with irinotecan **in addition** to those seen with Xeloda monotherapy or seen at **a higher frequency grouping** compared to Xeloda monotherapy include *Very common, all grade side effects*: thrombosis/embolism; *Common, all grade side effects*: hypersensitivity reaction, cardiac ischaemia/infarction; *Common, grade 3 and grade 4 side effects*: febrile neutropenia.

### Xeloda in combination with irinotecan and bevacizumab:

Grade 3 and Grade 4 side effects reported in patients treated with Xeloda in combination with irinotecan and bevacizumab **in addition** to those seen with Xeloda monotherapy or seen at **a higher frequency grouping** compared to Xeloda monotherapy include: *Common, grade 3 and grade 4 side effects:* neutropenia, thrombosis/embolism, hypertension, and cardiac ischaemia/ infarction.

# Xeloda in combination with epirubicin and oxaliplatin:

Grade 3 and Grade 4 side effects reported in patients treated with Xeloda in combination with epirubicin and oxaliplatin in addition to those seen with Xeloda monotherapy or seen at a higher frequency

**grouping** compared to Xeloda monotherapy include: *Very common, grade 3 and grade 4 side effects*: leucopenia, neutropenia, lethargy; *Common, grade 3 and grade 4 side effects:* anaemia, thrombocytopenia, febrile neutropenia, peripheral neuropathy, infection, fever, thromboembolism.

# Xeloda in combination with epirubicin and cisplatin:

Grade 3 and Grade 4 side effects reported in patients treated with Xeloda in combination with epirubicin and cisplatin **in addition to** those seen with Xeloda monotherapy or seen at **a higher frequency grouping** compared to Xeloda monotherapy include: *Very common, grade 3 and grade 4 side effects*: leucopenia, neutropenia, anaemia, lethargy, thromboembolism; *Common, grade 3 and grade 4 side effects:* thrombocytopenia, febrile neutropenia, peripheral neuropathy, infection, fever. *Very rare side effects* (≥ 1/10 000): hepatic failure and cholestatic hepatitis.

## Postmarketing Experience

The following ADRs have been identified during post-marketing: experience with Xeloda based on spontaneous case reports and literature cases. Adverse drug reactions are listed according to system organ classes in MedDRA and the corresponding frequency category estimation for each adverse drug reaction is based on the following convention: very common (≥ 1/10); common (≥ 5/100 to < 1/10); and uncommon (≥ 1/1,000 to < 1/100); rare (≥ 1/10,000 to < 1/1,000); very rare (≥ 1/1,000 to < 1/100); unknown (cannot be estimated from the available data).

Table 10: Adverse Drug Reactions from Postmarketing Experience

System Organ Class (SOC)	ADR(s)
Renal and urinary disorders	Acute renal failure secondary to dehydration, see section 4.4
	Special warnings and precautions for use
Nervous system disorders	Toxic leukoencephalopathy

Cardiac disorders	Ventricular fibrillation, QT prolongation, Torsade de pointes,
	Bradycardia, Vasospasm
Hepatobiliary disorders	Hepatic failure, Cholestatic hepatitis
Metabolism and nutrition	Hypertriglyceridemia
disorders	
Skin and subcutaneous tissue	Cutaneous lupus erythematosus,
disorders	Severe skin reactions such as Stevens-Johnson Syndrome
	and Toxic Epidermal Necrolysis (TEN), see section 4.4
	Special warnings and precautions for use
Eye disorders	Lacrimal duct stenosis NOS, Corneal disorders including
	keratitis and punctate keratitis

Exposure to crushed or cut Xeloda tablets:

In the instance of exposure to crushed or cut Xeloda tablets, the following ADRs have been reported: eye irritation, eye swelling, skin rash, headache, paresthesia, diarrhea, nausea, gastric irritation, and vomiting.

## Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit/risk balance of the medicine. Healthcare professionals are asked to report any suspected adverse reactions to SAHPRA via the Med Safety APP (Medsafety X SAHPRA) and eReporting platform (who-umc.org) found on SAHPRA website.

## 4.9 Overdose

The manifestations of acute overdose include nausea, vomiting, diarrhoea, mucositis, gastrointestinal irritation and bleeding, and bone marrow depression. Medical management of overdose should include

customary therapeutic and supportive medical interventions aimed at correcting the presenting clinical manifestations and preventing their possible complications.

### PHARMACOLOGICAL PROPERTIES

#### Pharmacodynamic properties 5.1

Pharmacotherapeutic group: cytostatic agents, ATC code: L01BC06

Mechanism of Action:

Capecitabine is a fluoropyrimidine carbamate and is an orally administered, tumour-activated and

tumour-selective prodrug cytotoxic agent. Capecitabine is non-cytotoxic in vitro. However, in vivo, it is

sequentially converted to the cytotoxic moiety, 5-fluorouracil (5-FU), which is further metabolised.

Formation of 5-FU is catalysed preferentially at the tumor site by the tumour associated angiogenic

factor thymidine phosphorylase (dThdPase). Both normal and tumour cells metabolise 5-FU to 5-fluoro-

2-deoxyuridine monophosphate (FdUMP) and 5-fluorouridine-triphosphate (FUTP).

The enzyme involved in the final conversion to 5-FU, thymidine phosphorylase (ThyPase), is found in

tumour tissues, but also in normal tissues, albeit usually at lower levels. In human cancer xenograft

models capecitabine demonstrated a synergistic effect in combination with docetaxel, which may be

related to the upregulation of thymidine phosphorylase by docetaxel.

These metabolites cause cell injury by two different mechanisms. First, FdUMP and the folate cofactor,

N<sup>5-10</sup>-methylenetetrahydrofolate, bind to thymidylate synthase (TS) to form a covalently bound ternary

complex. This binding inhibits the formation of thymidylate from uracil. Thymidylate is the necessary

precursor of thymidine triphosphate, which is essential for the synthesis of DNA, so that a deficiency

of this compound can inhibit cell division. Second, nuclear transcriptional enzymes can mistakenly

incorporate FUTP in place of uridine triphosphate (UTP) during the synthesis of RNA. This metabolic

error can interfere with RNA processing and protein synthesis.

There is evidence that the metabolism of 5-FU in the anabolic pathway blocks the methylation reaction

of deoxyuridylic acid to thymidylic acid, thereby interfering with the synthesis of deoxyribonucleic acid

(DNA). The incorporation of 5-FU also leads to inhibition of RNA and protein synthesis. Since DNA

and RNA are essential for cell division and growth, the effect of 5-FU may be to create a thymidine

deficiency that provokes unbalanced growth and death of a cell. The effects of DNA and RNA

deprivation are most marked on those cells which proliferate more rapidly and which metabolise 5-FU

at a more rapid rate.

5.2 Pharmacokinetic properties

The pharmacokinetics of capecitabine have been evaluated over a dose range of 502 - 3 514 mg/

m<sup>2</sup>/day. The parameters of capecitabine, 5'-deoxy-5-fluorocytidine (5'-DFCR) and 5'-deoxy-5-

fluorouridine (5'-DFUR) measured on days 1 and 14 were similar. The AUC of 5-FU was 30 % - 35 %

higher on day 14. Capecitabine dose reduction decreases systemic exposure to 5-FU more than dose-

proportionally, due to non-linear pharmacokinetics for the active metabolite.

Absorption: After oral administration, capecitabine is extensively converted to the metabolites 5'-

deoxy-5-fluorocytidine (5'-DFCR) and 5'-deoxy-5-fluorouridine (5'-DFUR). Administration with food

decreases the rate of capecitabine absorption, but only results in a minor effect on the AUC of 5'-DFUR,

and on the AUC of the subsequent metabolite 5-FU.

At the dose of 1 250 mg/m<sup>2</sup> on day 14 with administration after food intake, the peak plasma

concentrations (C<sub>max</sub> in µg/mL) for capecitabine, 5'-DFCR, 5'-DFUR, 5-FU and FBAL were 4,67, 3,05,

12,1, 0,95 and 5,46 respectively. The time to peak plasma concentrations (T<sub>max</sub> in hours) were 1,50,

2,00, 2,00, 2,00 and 3,34. The AUC<sub>0-∞</sub> values in  $\mu$ g·h/mL were 7, 75, 7,24, 24,6, 2,03 and 36,3.

Protein binding: In vitro human plasma studies have determined that capecitabine, 5'-DFCR, 5'-DFUR

and 5-FU are respectively 54 %, 10 %, 62 % and 10 % protein bound, mainly to albumin.

Metabolism: Capecitabine is first metabolised by hepatic carboxylesterase to 5'-deoxy-5-fluorocytidine

(5'-DFCR), which is then converted to 5'-deoxy-5-fluorouridine (5'-DFUR) by cytidine deaminase,

principally located in the liver and tumour tissues. Further catalytic activation of 5'-DFUR then occurs

by thymidine phosphorylase (dThdPase) to form 5-FU. Formation of 5-FU occurs preferentially at the

tumor site by the tumour associated angiogenic factor dThdPase.

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The metabolites of capecitabine become cytotoxic after conversion to 5-FU and anabolites of 5-FU. 5-

FU is further catabolised to the inactive metabolites dihydro-5-fluoruracil (FUH<sub>2</sub>), 5-fluoro-

ureidopropionic acid (FUPA) and  $\alpha$ -fluoro- $\beta$ -alanine (FBAL) via dihydropyrimidine dehydrogenase

(DPD), which is rate limiting.

*Elimination:* The elimination half-life (t<sub>1/2</sub> in hours) of capecitabine, 5'-DFCR, 5'-DFUR, 5-FU and FBAL

were 0,85, 1,11, 0,66, 0,76 and 3,23 respectively. The pharmacokinetics of capecitabine have been

evaluated over a dose range of 502 – 3 514 mg/m²/day. The parameters of capecitabine, 5'-DFCR and

5'-DFUR measured on days 1 and 14 were similar. The AUC of 5-FU was 30 - 35 % higher on day 14,

but did not increase subsequently (day 22). At therapeutic doses, the pharmacokinetics of capecitabine

and its metabolites were dose proportional; except for 5-FU. After oral administration capecitabine

metabolites are primarily recovered in the urine. 95,5 % of administered capecitabine dose is recovered

in urine. Faecal excretion is minimal (2,6 %). The major metabolite excreted in urine is FBAL, which

represents 57 % of the administered dose. About 3 % of the administered dose is excreted in urine as

unchanged active ingredient, capecitabine. The interpatient variability in C<sub>max</sub> and AUC of 5-FU was

greater than 85 %.

Combination therapy: Phase I studies evaluating the effect of Xeloda on the pharmacokinetics of

either docetaxel or paclitaxel and vice versa showed no effect by Xeloda on the pharmacokinetics of

docetaxel or paclitaxel (C<sub>max</sub> and AUC) and no effect by docetaxel or paclitaxel on the pharmacokinetics

of 5'-DFUR (the most important metabolite of capecitabine).

Pharmacokinetics in special populations: Gender, presence or absence of liver metastasis at

baseline, Karnofsky Performance Status, total bilirubin, serum albumin, ASAT and ALAT had no

statistically significant effect on the pharmacokinetics of 5'-DFUR, 5-FU and FBAL in patients with

colorectal cancer.

Patients with hepatic impairment due to liver metastases: No clinically significant effect on the

bioactivation and pharmacokinetics of capecitabine was observed in cancer patients with mildly to

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moderately impaired liver function due to liver metastases. There are no pharmacokinetic data in

patients with severe hepatic impairment. See section 4.3 Dosing in special populations.

Patients with renal impairment: Based on a pharmacokinetic study in cancer patients with mild to severe

renal impairment, there is no evidence of an effect of creatinine clearance on the pharmacokinetics of

intact active ingredient, capecitabine, and 5-FU. Creatinine clearance was found to influence the

systemic exposure to 5'-DFUR (35 % increase in AUC when creatinine clearance decreases by 50 %)

and to FBAL (114 % increase in AUC when creatinine clearance decreases by 50 %). FBAL is a

metabolite without antiproliferative activity; 5'-DFUR is the direct precursor of 5-FU. See Dosing in

special populations, section 4.3 and 4.4.

PHARMACEUTICAL PARTICULARS

List of excipients

Xeloda150 mg film-coated tablet: Each tablet contains 150 mg of capecitabine.

Xeloda 500 mg film-coated tablet: Each tablet contains 500 mg of capecitabine.

Other ingredients of the tablets are:

anhydrous lactose,

croscarmellose sodium,

hypromellose,

microcrystalline cellulose,

magnesium stearate,

talc,

titanium dioxide (E171),

yellow and red iron oxide (E172).

6.2 Incompatibilities

Not applicable

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Professional Information:

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#### 6.3 Shelf life

Xeloda 150: 36 months

Xeloda 500: 36 months

#### 6.4 Special precautions for storage

Store out of reach of children

Xeloda 150: store at or below 30 °C. Store in the original package in order to protect from moisture.

Xeloda 500: store at or below 30 °C. Store in the original package in order to protect from moisture.

This medicine should not be used after the expiry date shown on the pack.

### Nature and contents of container

Xeloda 150: 60 film-coated tablets in a plastic bottle or blister pack.

Xeloda 500: 120 film-coated tablets in a plastic bottle or blister pack.

#### 6.6 Special precautions for disposal and other handling

Special handling using appropriate equipment and disposal procedures, should be taken as Xeloda is a cytotoxic medicine.

Any unused medicine or waste material should be disposed of in accordance with local requirements.

#### 7. HOLDER OF CERTIFICATE OF REGISTRATION

Equity Pharmaceuticals (Pty) Ltd

100 Sovereign Drive

Route 21 Corporate Park

Nellmapius Drive, Irene

Pretoria

# **Equity Pharmaceuticals (Pty) Ltd.**

Xeloda 150 & 500, Film-coated tablets
Each film-coated tablet contains capecitabine
equivalent to capecitabine 150 & 500 mg

Date of revision: 30 September 2024

**Professional Information:** 

0157

# 8. REGISTRATION NUMBER(S)

Xeloda 150: 33/26/0198

Xeloda 500: 33/26/0199

# 9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Registration: 24 August 2000

# 10. DATE OF REVISION OF THE TEXT

30 September 2024

Namibia

Xeloda 150: 07/26/0067

Xeloda 500: 07/26/0064

NS 2