# PATIENT INFORMATION LEAFLET

## SCHEDULING STATUS

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## PROPRIETARY NAME, STRENGH AND PHARMACEUTICAL FORM

**Linotar Gel 1** contains **Coal tar**, 1 g per 100 g of emulsion.

**Read all of this leaflet carefully because it contains important information for you**

Linotar Gel 1 is available without a doctor's prescription, for you to treat a mild illness.

Nevertheless you still need to use Linotar Gel 1 carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Linotar Gel 1 with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after 30 days.

## WHAT LINONTAR GEL 1 CONTAINS

The active substance is Coal tar, 1 g per 100 g emulsion.

The other ingredients are polysorbate 80, industrial methylated spirits, vitamin E, vitamin F ethyl ester, PEG-40 hydrogenated castor oil, xanthan gum and purified water.

The preservatives are methyl paraben (0,1 %) and sodium propyl paraben (0,05 %).

## WHAT LINOTAR GEL 1 IS USED FOR

Coal tar is an anti-pruritic. This means this medicine relieves itching or inhibits itching.

Linotar Gel 1 is used for:

- the relief and treatment of Psoriasis * of the skin and scalp,
- the relief and treatment of Eczematous (red and itchy) conditions of the skin and scalp,
- the relief of the symptoms of cold sores.

*Psoriasis is a common skin condition that speeds up the life cycle of skin cells. It causes cells to build up rapidly on the surface of the skin. The extra skin cells form scales and red patches that are itchy and sometimes painful.

**BEFORE YOU USE LINOTAR GEL 1**

**Do not use Linotar Gel 1:**

- if you are hypersensitive (allergic) to coal tar,
- if you are hypersensitive to any of the other ingredients of Linotar Gel 1,
- on highly inflamed or broken skin.

**Take special care with Linotar Gel 1:**

- it is for external use only,
- do not use in or around the rectum or genital area or groin,
- avoid contact with the eyes, upon accidental contact, flush eyes with water,
- when skin will be exposed to direct sunlight as coal tar can enhance the skin's sensitivity to the sun.

**Pregnancy and Breastfeeding:**

Safety of topical use during pregnancy and breastfeeding has not been established.
If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before using Linotar Gel 1.

**Taking or using other medicines with Linotar Gel 1:**

Always tell your healthcare professional if you are taking any other medicine. This includes complementary or traditional medicines.

**HOW TO USE LINOTAR GEL 1**

- Do not share medicines prescribed for you with any other person.
- Always use Linotar Gel 1 exactly as your doctor has instructed you.
- You should check with your doctor or pharmacist if you are unsure.
- Make sure the lesions are clean to ensure adequate penetration of Linotar Gel 1.
- Shake the bottle well before use.

*The usual dose is:*

1) Apply a thin layer of Linotar Gel 1 two to three times a day.
2) Massage gently and leave to dry.

**If you use more Linotar Gel 1 than you should:**

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

- No known symptoms of overdosage.
- See “Possible Side Effects”.
- Treatment is symptomatic and supportive.

**If you forget to apply or missed a dose of Linotar Gel 1:**

Do not apply a double dose to make up for forgotten individual doses.

Apply the dosage as soon as you remember and continue with morning, mid-day and evening dosages.

**POSSIBLE SIDE EFFECTS**

Linotar Gel 1 can have side effects.

Not all side effects reported for Linotar Gel 1 are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

Linotar Gel 1 may cause skin irritation or acne-like eruptions of the skin. If irritation occurs, discontinue use and consult a doctor.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

**STORING AND DISPOSING OF LINOTAR GEL 1**

- Store all medicines out of reach of children.
- Store at or below 25 ºC.
- Do not refrigerate.
- For external use only.
- Protect from light and moisture.
- Store in the original container.
- Do not store in a bathroom.
- Do not use after the expiry date stated on the label, carton or bottle.

- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

## PRESENTATION OF LINOTAR GEL 1

Polyethylene, squeeze bottles containing 250 ml of Linotar Gel 1.

## IDENTIFICATION OF LINOTAR GEL 1

A smooth mustard coloured emulsion.

## REGISTRATION NUMBER

A 27/13.9.1/0357

## NAME AND ADDRESS OF REGISTRATION HOLDER

MeyerZall Laboratories (Pty) Ltd

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## DATE OF PUBLICATION

To be allocated.