1.3.2 PATIENT INFORMATION LEAFLET

SCHEDULING STATUS **S0**

Product name, strength and pharmaceutical form

L.C.C. COUGH MIXTURE (Mixture)

Each 5 ml contains:

Ammonium chloride	90 mg
Menthol	8,5 mg
Liquorice liquid extract	0,3 ml
Camphor spirits	0,3 ml
Tolu solution	0,0755 ml
Capsicum tincture 10 %	0,0565 ml
Pine oil	0,0095 ml
Contains ethanol 96,0 %	7,84 % v/v

Preservatives: Methylparaben 0,178 % m/v and Propylparaben 0,02 % m/v

Contains sugar: Liquid glucose 4,275 g and Invert sugar 0,356 g

Read all of this leaflet carefully because it contains important information for you.

L.C.C. COUGH MIXTURE is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use L.C.C. COUGH MIXTURE carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share L.C.C. COUGH MIXTURE with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after 2 days.

What is in this leaflet

1. What L.C.C. COUGH MIXTURE is and what it is used for

2. What you need to know before you take L.C.C. COUGH MIXTURE

3. How to take L.C.C. COUGH MIXTURE

4. Possible side effects

5. How to store L.C.C. COUGH MIXTURE

6. Contents of the pack and other information

1. What L.C.C. COUGH MIXTURE is and what it is used for

L.C.C. COUGH MIXTURE is used for the alleviation of coughs.

2. What you need to know before you take L.C.C. COUGH MIXTURE

Do not take L.C.C. COUGH MIXTURE:

- if you are hypersensitive (allergic) to ammonium chloride, menthol, liquorice liquid extract, camphor spirits, tolu solution, capsicum tincture and pine oil, or any of the other ingredients in L.C.C. COUGH MIXTURE (listed in section 6).
- if you have impaired kidney or liver function.
- if you are pregnant
- if children are under the age of 6 years as camphor is not safe for them.
- if you have heart problems.

Warnings and precautions

Take special care with L.C.C. COUGH MIXTURE

- CAUTION: Contains CAMPHOR. Acute poisoning can occur.
- Keep out of reach of children.
- Camphor is not safe for use in children under the age of 6 years.

Other medicines and L.C.C. COUGH MIXTURE

Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines).

Pregnancy, breastfeeding and fertility

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other health care provider for advice before taking this medicine.

L.C.C. COUGH MIXTURE should not be used in pregnancy.

Driving and using machines

L.C.C. COUGH MIXTURE has no known effect on the ability to drive and to use machinery.

L.C.C. COUGH MIXTURE contains glucose

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before using L.C.C. COUGH MIXTURE. L.C.C. COUGH MIXTURE contains sucrose which may have an effect on the control of your blood sugar if you have diabetes mellitus.

3. How to take L.C.C. COUGH MIXTURE

Always take L.C.C. COUGH MIXTURE exactly as described in this leaflet or as your doctor, or pharmacist or nurse have told you. Please check with your doctor or pharmacist or nurse if you are unsure.

The usual dose is:

Adults: One to two medicines measures every two to three hours.

Children (6 to 12 years): Quarter to half a medicine measure with an equal amount of water, four to five times daily.

Do not share medicines prescribed for you with any other person.

If you take more L.C.C. COUGH MIXTURE than you should

You may experience the following (including in accidental poisoning in children due to camphor): Severe stomach pain, colic, nausea, vomiting, headache, drowsiness, confusion, muscle twitching, dizziness, oropharyngeal burning (burning at the back of the throat), ataxia (the loss of

full control of bodily movements), characteristic odour of the breath, unable to urinate, difficulty in breathing, respiratory failure, convulsions (fits), coma and death.

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

If you forget to take L.C.C. COUGH MIXTURE

Do not take a double dose to make up for forgotten individual doses.

4. Possible side effects

L.C.C. COUGH MIXTURE can have side effects.

Not all side effects reported for L.C.C. COUGH MIXTURE are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking L.C.C. COUGH MIXTURE, please consult your health care provider for advice.

Tell your doctor if you notice any of the following:

Headache, drowsiness, nausea and vomiting, stomach pain, thirst, dizziness and a feeling of warmth, difficulty in urination, water retention indicated by swelling, high blood pressure.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist, or nurse. You can also report side effects to SAHPRA via the **"6.04 Adverse Drug Reaction Reporting Form"** found online under SAHPRA's publications: https://www.sahpra.org.za/Publications/Index/8. By reporting side effects, you can help provide more information on the safety of L.C.C. COUGH MIXTURE.

5. How to store L.C.C. COUGH MIXTURE

Store at room temperature (at or below 30 ºC) in a well-closed container

Store all medicines out of reach of children.

Do not store in a bathroom

Do not use after the expiry date stated on the bottle.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems e.g. toilets.

6. Contents of the pack and other information

What L.C.C. COUGH MIXTURE contains

- The active substances are:

  Ammonium chloride, menthol, liquorice liquid extract, camphor spirits, tolu solution, capsicum tincture 10% and pine oil.
- Contains ethanol
- Contains preservatives: methylparaben, propylparaben
- Contains sugar Liquid glucose and Invert sugar
- The other ingredients are:

  peppermint oil, eucalyptus oil, chloroform spirit, chloroform, honey flavour, glacial acetic acid, polysorbate 20, caramel, purified water.

What L.C.C. COUGH MIXTURE looks like and contents of the pack

Dark brown, viscous liquid. Taste and smell of camphor and menthol.

50 ml, 75 ml and 100 ml packed in clear PVC bottles.

50 ml, 75 ml and 100 ml packed in amber glass bottles, closed with a white polypropylene cap.

Not all pack sizes are marketed.

Holder of certificate of registration

Adcock Ingram Limited

1 New Road

Erand Gardens,

Midrand, 1685

Private Bag X69, Bryanston, 2021

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Not applicable

Application number

G733 (Act 101/1965)

Access to the corresponding Professional Information

The PI will be included in the medicine package.

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