Patient Information Leaflet

SCHEDULING STATUS: S2

DESLORATADINE GLENMARK (Tablet)
Desloratadine
Contains sugar: Lactose monohydrate 98,80 mg per tablet

Read all of this leaflet carefully because it contains important information for you
DESLORATADINE GLENMARK is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to take **DESLORATADINE GLENMARK** carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Do not share **DESLORATADINE GLENMARK** with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve.

What is in this leaflet

1. What **DESLORATADINE GLENMARK** is and what it is used for
2. What you need to know before you take **DESLORATADINE GLENMARK**
3. How to take **DESLORATADINE GLENMARK**
4. Possible side effects
5. How to store **DESLORATADINE GLENMARK**
6. Contents of the pack and other information

1. What DESLORATADINE GLENMARK is and what it is used for
DESLORATADINE GLENMARK tablets contain the active ingredient desloratadine.
DESLORATADINE GLENMARK is used for the relief of seasonal hay fever and for the relief of symptoms associated with hives (a skin condition).

2. What you need to know before you take DESLORATADINE GLENMARK
Do not take DESLORATADINE GLENMARK:
- If you are hypersensitive (allergic) to desloratadine or any of the other ingredients of **DESLORATADINE GLENMARK** (listed in section 6)

Warnings and precautions
Tell your doctor or health care provider before being given **DESLORATADINE GLENMARK:**
Special care should be taken with **DESLORATADINE GLENMARK:**
- if you have poor kidney function,
- if you have medical or familial history of seizures.

Safety has not been established in children younger than 6 years of age.
Do not take **DESLORATADINE GLENMARK** for a period exceeding 4 weeks.

Other medicines and DESLORATADINE GLENMARK:
Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)
Please consult your health care provider for advice if you are taking the following medicines:
- Azithromycin
- Norfluoxetine
- Fluoxetine

DESLORATADINE GLENMARK with food, drink and alcohol:
DESLORATADINE GLENMARK may be taken with or without food. **DESLORATADINE GLENMARK** can be taken with water.
Use caution when taking **DESLORATADINE GLENMARK** with alcohol.

Pregnancy and breastfeeding:
If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other health care provider for advice before taking **DESLORATADINE GLENMARK.**
Do not take **DESLORATADINE GLENMARK** if you are breastfeeding your baby. Please consult your doctor, pharmacist, or other health care provider for advice.

Driving and using machines:
DESLORATADINE GLENMARK may impair your ability to drive and use machinery. Do not drive a vehicle, operate machinery, or do anything else that could be dangerous until you know how you will react to **DESLORATADINE GLENMARK.**

DESLORATADINE GLENMARK contains
DESLORATADINE GLENMARK contains lactose monohydrate, which is a type of sugar. So before taking **DESLORATADINE GLENMARK**, please consult your doctor for advice if you have an intolerance to some sugars.

3. How to take DESLORATADINE GLENMARK
Do not share medicines prescribed for you with any other person.
Always take **DESLORATADINE GLENMARK** exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure. **DESLORATADINE GLENMARK** is for oral use only.

The usual dose for adolescents and adults (≥ 12 years) is:
One **DESLORATADINE GLENMARK** 5 mg tablet once a day
Do not take **DESLORATADINE GLENMARK** for a period exceeding 4 weeks (see **Take special care with DESLORATADINE GLENMARK**).
- **DESLORATADINE GLENMARK** can be taken with or without food. **DESLORATADINE GLENMARK** can be swallowed with water.

If you take more DESLORATADINE GLENMARK than you should
In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.
Always take the labelled medicine package with you, whether there are any **DESLORATADINE GLENMARK** tablets left or not.

If you forget to take DESLORATADINE GLENMARK
If you have missed your dose by only a few hours, take the missed dose as soon as you remember.
If it is almost time for your next dose, skip the missed dose and take **DESLORATADINE GLENMARK** at the next regularly scheduled time.
Do not take a double dose to make up for forgotten individual doses.

4. Possible side effects
DESLORATADINE GLENMARK can have side effects.
Not all side effects reported for **DESLORATADINE GLENMARK** are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking **DESLORATADINE GLENMARK**, please consult your doctor, pharmacist or other health care provider for advice.

If any of the following happens, stop taking **DESLORATADINE GLENMARK** and tell your doctor immediately or go to the casualty department at your nearest hospital:
- Swelling of the hands, feet, ankles, face, lips and mouth or throat, which may cause difficulty in swallowing or breathing,
- Rash or itching,
- Fainting.

These are all very serious side effects. If you have them, you may have had a serious reaction to **DESLORATADINE GLENMARK.** You may need urgent medical attention or hospitalisation.

Tell your doctor immediately or go to the casualty department at your nearest hospital if you notice any of the following:
Side effects with an unknown frequency:
- Changes in the way your heart beats, for example, if you notice it beating faster and/or pauses,
- Liver failure, liver damage and yellowing of your skin and eyes (jaundice), inflammation of your liver.

These are all serious side effects. You may need urgent medical attention.

Tell your doctor if you notice any of the following:
Less frequent side effects:
- Headache,
- Dry mouth, unusual tiredness or weakness,
- Muscle pain.

Side effects with an unknown frequency:
- Dizziness,
- Drowsiness,
- Difficulty falling asleep or staying asleep,
- Stomach pain, nausea, vomiting, diarrhoea, indigestion, heartburn.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects
If you get side effects, talk to your doctor or pharmacist or nurse. You can also report side effects to SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: https://www.sahpra.org.za/Publications/Index/8.
By reporting side effects, you can help provide more information on the safety of **DESLORATADINE GLENMARK**

5. How to store DESLORATADINE GLENMARK
Store at or below 25 °C.
Protect from light.
Keep blister strip(s) in outer carton until required for use.
STORE ALL MEDICINES OUT OF REACH OF CHILDREN.
Do not use after the expiry date printed on the carton.
Return all unused medicine to your pharmacist.
Do not dispose of unused medicine in drains and sewerage systems (e.g. toilets).

6. Contents of the pack and other information
What DESLORATADINE GLENMARK contains
- The active ingredient is desloratadine.
- Each tablet contains 5 mg desloratadine.
- The other ingredients are lactose monohydrate, magnesium stearate, maize starch, microcrystalline cellulose and silica colloidal anhydrous

What DESLORATADINE GLENMARK looks like and contents of the pack
Pack size 1 x 10 tablets:
One blister strip of ten off-white to light pink, circular, biconvex with 'L5' debossed one side and plain on the other side in Aluminium/ Aluminium blisters i.e. cold formable Aluminium/ Hard tempered aluminium blister in a cardboard carton.
Pack size 3 x 10 tablets:
Three blister strips of ten off-white to light pink, circular, biconvex with 'L5' debossed one side and plain on the other side tablets each in Aluminium/ Aluminium blisters i.e. cold formable Aluminium/ Hard tempered aluminium blister in a cardboard carton.

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TO ACCESS THE PROFESSIONAL INFORMATION:
Please visit https://antcast.antfarm.co.za/videostreamingsolutions/Desloratadine or scan the QR code below: