PATIENT INFORMATION LEAFLET

Read the entire leaflet carefully before you start taking Gulf Atenolol

- Keep this leaflet. You may need to read it again.
- If you have any further questions, please ask your doctor or your pharmacist.
- Gulf Atenolol has been prescribed for only you and you should not share your medicine with other people. It may harm them, even if their symptoms are the same as yours.

Scheduling status: S3

Name of medicines:

GULF ATENOLOL 50 (tablets)

GULF ATENOLOL 100 (tablets)

What the medicine contains:

GULF ATENOLOL 50: Each film-coated tablet contains 50 mg of atenolol

GULF ATENOLOL 100: Each film-coated tablet contains 100 mg of atenolol

Inactive ingredients:

Starch, lactose, polyvinyl pyrrolidine, microcrystalline cellulose, magnesium stearate, colloidal silicon dioxide, sodium starch glycollate

What Gulf Atenolol is used for:

GULF ATENOLOL is indicated for the treatment of: -

- High blood pressure (hypertension)
- To prevent angina pectoris

Before taking Gulf Atenolol:

Do not use Gulf Atenolol if:

- You are sensitive or ever had a harmful reaction to atenolol or any of the inactive ingredients
- You suffer from certain heart disorders
- You have hypotension (low blood pressure)
- You have problems with your heart e.g. slow heart beat.

- You have a problem with acid levels in your blood (metabolic acidosis)
- You have problems with blood circulation in your hands and feet (Raynaud's Phenomenon)
- You are pregnant or breast-feeding

Use with caution if:

- If you have problems with your kidneys
- You are elderly
- You suffer from congested heart failure or asthma (difficulty in breathing)
- You are undergoing anaesthesia
- You suffer from bronchitis or respiratory disorders

If any of the above applies to you, or if you are not sure, talk to your doctor or pharmacist before you take Gulf Atenolol.

Driving and using machinery:

You may feel dizzy while using Gulf Atenolol. This is more likely when you start treatment or if your treatment is changed and when you drink alcohol. If this happens to you then do not drive or use any tools or machinery.

If you are pregnant or breast feeding your baby while taking this medicine consult your doctor, pharmacist or other health care professional for advice

If you are taking medicines on a regular basis, including complementary or traditional medicines, using Gulf Atenolol at the same time with another medicine may cause undesirable interactions. Please consult your doctor, pharmacist or other health care professional for advice.

How to take Gulf Atenolol:

Gulf Atenolol may be taken with or without food preferably at the same time every day

Hypertension:

50 – 100 mg once daily as a single dose

Angina Pectoris:

50 – 100 mg daily in single or divided doses

Elderly

May have increased or decreased sensitivity to the effects to the usual adult dose and a dose reduction may be necessary.

The usual dose for both indications is 50 mg once daily

Do not share medicines prescribed for you with others.

If you take more Gulf Atenolol 50 than you should:

Treatment of overdose is symptomatic and supportive. The following effects may happen to you: a slow heart beat, feeling dizzy or light headed, becoming breathless, wheezy or extremely tired

In the event of over dosage, consult your doctor or pharmacist. If neither is available, rush the patient to the nearest hospital or poison control centre.

Possible Side effects:

The following side effects can occur with use of Gulf Atenolol:

Slow heart beat, cold extremities, fatigue

Not all side effects reported for Gulf Atenolol are included in this leaflet. Should your general health worsen while taking Gulf Atenolol, please consult your doctor, pharmacist or other health care professional for advice.

Storage and disposal information:

Store at or below 25 °C in a cool, dry place. Do not remove tablets from unit carton until required for use.

Protect from light and moisture. Keep HDPE containers tightly closed.

KEEP OUT OF REACH OF CHILDREN.

Return all unused or expired medicines to your pharmacist.

Presentation:

Patient ready packs of 28 tablets

Unit carton containing 28 or 30 tablets in clear PVC/silver printed aluminium blister packs

White HDPE containers of 30, 100, 500 or 1000 tablets

Identification of the medicine:

GULF ATENOLOL 50: White, round, biconvex, film coated tablets with central break-line on one side

GULF ATENOLOL 100: Orange, round, biconvex, film coated tablets with central break-line on one side

Registration number:

Gulf Atenolol 100 – 41/5.2/0004

Gulf Atenolol 50 – 41/5.2/0005

The Name and the Business Address of The Holder of the Certificate of Registration:

Gulf Drug Company (Pty) Ltd

22 Burnside Drive

Old Mill Industrial Park

Mount Edgecombe, 4300

www.gulfdrug.co.za

Date of publication of the Patient Information Leaflet:

19/03/2010