Paragrip C

Unicorn Pharmaceuticals (Pty) Ltd

Effervescent Tablet
Each tablet contains: Chlorphenamine maleate 2 mg
Paracetamol 500 mg &
Sodium ascorbate equivalent to vitamin C 250 mg

PATIENT INFORMATION LEAFLET

This medicine is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use PARAGRIP C Effervescent tablets careful to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not approve after 10 days.

SCHEDULING STATUS: S2

PROPRIETARY NAME AND DOSAGE FORM:

PARAGRIP C Effervescent tablets

WHAT PARAGRIP C CONTAINS:

The active substances are:

Chlorphenamine maleate	2 mg
Paracetamol	500 mg
Sodium ascorbate equivalent to Vitamin C	250 mg

The other ingredients are anhydrous citric acid, aspartame, flavourants (orange and lemon), povidone, simethicone, sodium carbonate anhydrous, sodium hydrogen carbonate and sorbitol.

WHAT PARAGRIP C IS USED FOR:

PARAGRIP C provides relief of symptoms associated with the common cold and flu. These symptoms include blocked nose, sinus congestion, headaches, pains and general discomfort.

BEFORE YOU TAKE PARAGRIP C:

Do not take PARAGRIP C:

- If you are allergic to paracetamol, chlorphenamine maleate, Vitamin C or any of the other ingredients.
- If you have severe liver disease.
- If you suffer from epilepsy
- Do not use PARAGRIP C in children under the age of 12 years.

Take special care with PARAGRIP C:

PARAGRIP C may make you drowsy and impair you concentration. Simultaneous intake of alcohol or other nervous system depressants, such as sleeping tablets, pain tablets and tablets for anxiety will worsen your drowsiness.

Take PARAGRIP C exactly as this leaflet instructs you to. Do not increase the dosage.

Take special care if you have liver or kidney problems. Too much of this medicine may cause severe liver damage.

Take special care if you suffer from alcohol dependence.

Do not use PARAGRIP C continuously for more than 10 days without consulting your doctor.

Before you take your tablets:

Tell your doctor or pharmacist if you are taking other medicines, including any you have bought at your pharmacy, supermarket or health food shop.

Medicines such as antidepressants, certain antibiotics, blood pressure medication, and pain medication may cause undesirable interactions.

Pregnancy and breast feeding:

If you are pregnant or breast feeding your baby while using this medicine, please consult your doctor, pharmacist or other health care professional for advice.

Driving and using machinery:

This medicine may make you drowsy and impair your concentration. If you start treatment with PARAGRIP C, do not drive your vehicle or operate machinery or perform hazardous tasks where loss of concentration could lead to accidents.

Using other medicines with PARAGRIP C:

If you are taking other medicines on a regular basis, including complementary or traditional medicines, the use of PARAGRIP C with these medicines may cause undesirable interactions. Tell your doctor or pharmacist if you are taking any other medicines, including any you have bought at your pharmacy, supermarket or health food shop.

HOW TO USE PARAGRIP C EFFERVESCENT TABLETS

Always use PARAGRIP C exactly as this leaflet instructs you to. You should check with your pharmacist if you are unsure.

The usual dose is one tablet every 8 hours if necessary. Dissolve one tablet in a glass of water and drink the content immediately once the whole tablet has dissolved.

Do not use PARAGRIP C continuously for more than 10 days without consulting your doctor.

Use in children:

These tablets should not be used in children and youth below the age of 12 years.

If you use more PARAGRIP C than you should:

In the event of overdosage, you may experience the following:

- Diarrhoea, loss of appetite, nausea or vomiting.
- Stomach cramps and pain.
- Increased sweating.
- Unsteadiness and severe drowsiness.
- Dryness of throat, nose and mouth.
- Severe redness of face and shortness of breath.
- Convulsions, fast and irregular heartbeat.

Consult your doctor or pharmacist immediately. If neither is available seek help at the nearest hospital or poison control centre.

If you forget to use PARAGRIP C:

If you miss a dose do not worry, take it as soon as you remember. Do not take two doses together. If it is almost time for your next dose, wait until then.

If you have trouble remembering when to use your medicine, ask your pharmacist for some hints.

POSSIBLE SIDE EFFECTS:

PARAGRIP C can have side effects. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other health care professional for advice.

Stop the medication immediately and contact your doctor if you experience the following side-effects:

- Puffiness or swelling of the eyelids or around the eyes, face lips or tongue.
- Shortness of breath, wheezing.
- Hives, itching, skin rash.
- Unusual tiredness or weakness.
- Fever with or without chills.
- Ulcers or white spots on lips or in mouth.
- Yellow eyes or skin.
- Change in urine colour or decrease in amount of urine.
- Severe or sharp pain in lower back and/or side or abdomen.

If you experience the following side-effects, continue the medication and consult your doctor only if they continue or are bothersome:

- Drowsiness.
- Dryness of mouth, nose or throat.
- Stomach pain or stomach upset, nausea, vomiting, constipation or diarrhoea.
- Headache.
- Blurred vision.
- Ringing or buzzing in the ear.
- Dizziness.
- Clumsiness and fatigue.

STORING AND DISPOSING OF PARAGRIP C:

- Keep your tablets in the pack they came in. Do not put it in another container.
- Store the tablets below 25 °C.
- Store the tablets in a dry place and keep the tube tightly closed.
- Keep all medicines out of reach and sight of children.
- The EXPIRY date is marked on the pack. Do not use the tablets past the expiry date.
- Return all unused medicines to your pharmacist.
- Do not dispose of unused medicines in drains or sewerage systems (e.g. toilets).

PRESENTATION OF PARAGRIP C:

PARAGRIP C is available in white polypropylene tubes closed with a low-density polyethylene cap. Each tube contains 10, 12 or 20 tablets.

IDENTIFICATION OF PARAGRIP C:

PARAGRIP C is a white or almost white, round, flat tablet. It produces a slightly opalescent, colourless solution with a citrus flavour once dissolved in a glass of water.

REGISTRATION NUMBER / REFERENCE NUMBER:

A39/5.8/0451

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