PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S1

ACC® 600 (effervescent tablets)

ACC® 600 ORAL POWDER

Acetylcysteine

ACC 600 (effervescent tablets) contains sugar: lactose anhydrous (70 mg per tablet).

ACC 600 (effervescent tablets) contains sweetener: mannitol (72,80 mg per tablet), saccharin sodium (5 mg per tablet), sodium cyclamate (30,75 mg per tablet) and sorbitol (an ingredient of the flavour blackberry “B”).

ACC 600 ORAL POWDER contains sweetener aspartame (0,50 mg per sachet), sorbitol (approximately 526,50 mg per sachet) and xylitol (200 mg per sachet).

Read all of this leaflet carefully because it contains important information for you:

ACC 600 is available without a doctor’s prescription, for you to treat a mild illness. Nevertheless, you still need to use ACC 600 carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share ACC 600 with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve within 14 days.

What is in this leaflet

1. What ACC 600 is and what it is used for

2. What you need to know before you take ACC 600

3. How to take ACC 600

4. Possible side effects

5. How to store ACC 600

6. Contents of the pack and other information

1. What ACC 600 is and what it is used for

- ACC 600 contains the active substance acetylcysteine, which belongs to a group of medicines called mucolytics.
- Mucolytics work by thinning the mucus and phlegm to help clear congestion.

2. What you need to know before you take ACC 600

Do not take ACC 600 if:

- If you are hypersensitive (allergic) to acetylcysteine or any of the other ingredients of ACC 600 (listed in section 6).
- If you have a history of stomach ulcers.
- If you are pregnant or plan to become pregnant (see “Pregnancy and breastfeeding”). Please consult with your doctor.
- Do not give ACC 600 effervescent tablets to children less than 14 years of age.
- ACC 600 ORAL POWDER is for adult use only.

Warnings and precautions

Take special care with ACC 600:

- If you have asthma.
- If you have or have a history of stomach ulcers.
- As the thick phlegm becomes more fluid, its volume will increase, especially at the beginning of the treatment. If you are unable to efficiently cough up this fluid phlegm, you must consult a doctor so that adequate measures can be taken to remove the phlegm.

- If you have a skin condition called Stevens-Johnson syndrome or Lyell's syndrome, which is characterised by severe blisters and bleeding in the lips, eyes, mouth, nose and genitals or fever, chills, aching muscles and generally feeling unwell.
- If you are intolerant to histamines. If you are not able to tolerate food and drinks that contain large amounts of histamines, ACC 600 may not be suitable for you, because it affects how histamines are broken down in the body. The most common symptoms of histamine intolerance are headaches, runny nose and itching.

Other medicines and ACC 600

Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

Tell your doctor or health care provider if you are taking any of the following medicines:

- Cough relieving medicines (cough suppressant medicines).
- Antibiotics such as tetracyclines used to treat bacterial infections; these medicines should be taken 2 hours apart.
- Nitroglycerine or glyceryl trinitrate used for heart failure, high blood pressure and to treat and prevent chest pain from not enough blood flow to the heart (angina).
- Activated charcoal.

ACC 600 with food and drink

ACC 600 effervescent tablets should be taken dissolved in a glass of water after food.

ACC 600 ORAL POWDER can be taken without water.

Pregnancy and breastfeeding

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other health care provider for advice before taking ACC 600.

Use of ACC 600 during pregnancy is not recommended.

Driving and using machines

It is not always possible to predict to what extent ACC 600 may interfere with the daily activities of a patient. Patients should ensure that they do not engage in the above activities until they are aware of the measure to which ACC 600 affects them.

ACC 600 effervescent contains:

ACC 600 effervescent tablets and ACC 600 ORAL POWDER contains mannitol and sorbitol. If you have been told that you have an intolerance to some sugars, you should not take ACC 600.

ACC 600 effervescent contains lactose. Patients with the rare hereditary conditions of lactose/fructose or galactose intolerance should not take ACC 600.
ACC 600 effervescent tablets contains lactose anhydrous, which may have an effect on the control of your blood sugar if you have diabetes mellitus.

ACC 600 ORAL POWDER contains:

Aspartame, which is a source of phenylalanine, and can be harmful for patients with phenylketonuria.

3. How to take ACC 600

Do not share medicines prescribed for you with any other person.

Always take ACC 600 exactly as described in this leaflet or as your doctor, pharmacist or nurse has told you. Check with your doctor, pharmacist or nurse if you are not sure.

ACC 600 (effervescent tablets):

Adults and adolescents from 14 years of age:

The usual dose is ½ an effervescent tablet twice daily or 1 effervescent tablet once daily (equivalent to 600 mg acetylcysteine per day).

The effervescent tablets must be taken with a glass of water after food.

Do not give ACC 600 effervescent tablets to children less than 14 years of age.

ACC 600 ORAL POWDER:

For adults only:

The usual dose of one sachet (600 mg) should be placed directly on the tongue.

The oral powder of one sachet should be placed directly on the tongue. The oral powder stimulates salivation so the oral powder can be swallowed easily. The oral powder should not be chewed before swallowing.

Elderly and weakened patients:

Patients with a reduced cough reflex (elderly and weakened patients) should take the oral powder preferably in the morning.

ACC 600 should not be taken for more than 14 days without medical advice.

If you take more ACC 600 than you should

Overdoses with ACC 600 may include irritations in the stomach and bowel tract, such as abdominal pain, nausea, vomiting, diarrhoea.

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

If you forget to take ACC 600

Do not take a double dose to make up for forgotten individual doses.

4. Possible side effects

ACC 600 can have side effects.

Not all side effects reported for ACC 600 are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking ACC 600, please consult your health care provider for advice.

If any of the following happens, stop taking ACC 600 and tell your doctor immediately or go to the casualty department at your nearest hospital:

- Swelling of the hands, feet, ankles, face, lips and mouth or throat, which may cause difficulty in swallowing or breathing.
- Seizures (fits).
- Fainting.
- Stevens-Johnson syndrome (rare skin condition with severe blisters and bleeding in the lips, eyes, mouth, nose and genitals),
- Toxic epidermal necrolysis (severe skin reactions that starts with painful red areas, then large blisters and ends with peeling of layers of skin. This is accompanied by fever and chills, aching muscles and generally feeling unwell).

These are all very serious side effects. If you have them, you may have had a serious reaction to ACC 600. You may need urgent medical attention or hospitalisation.

Tell your doctor immediately or go to the casualty department at your nearest hospital if you notice any of the following:

- Difficulty breathing.
- Changes in the way your heart beats, for example, if you notice it beating faster.
- Yellowing of the skin and eyes, dark urine, and tiredness, which may be symptoms of liver problems.

These are all serious side effects. You may need urgent medical attention.

Tell your doctor if you notice any of the following:

Less frequent side effects:

- Headache,
- Blurred vision,
- Ringing in the ear,
- Bleeding,
- High blood pressure,
- Nausea,
- Vomiting,
- Diarrhoea,
- Stomach pain,
- Mouth ulcers and cold sores,
- High level of acid in the body,
- Skin rash,
- Swelling,
- Itching,
- Flushing,

- Painful, swollen joints,
- Fever,
- Low blood pressure.

Frequency unknown side effects:

- Indigestion,
- Swelling of the face.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the **"6.04 Adverse Drug Reaction Reporting Form"**, found online under SAHPRA's publications: https://www.sahpra.org.za/Publications/Index/8. By reporting side effects, you can help provide more information on the safety of ACC 600.

Suspected adverse reactions can also be reported directly to the HCR via patientsafety.sacg@novartis.com.

5. How to store ACC 600

STORE ALL MEDICINES OUT OF REACH OF CHILDREN.

- Store at or below 25 °C in a cool dry place.
- Do not use ACC 600 after the expiry date, which is stated on the carton after Exp. The expiry date refers to the last day of that month.
- Keep the tubes tightly closed in order to protect from moisture.
- Keep the sachet in the carton until required for use.
- Protect from light.

6. Contents of the pack and other information

What ACC 600 (effervescent tablets) contains

The active substance is acetylcysteine.

The other ingredients are ascorbic acid, blackberry flavour “B” (gluconolactone (E575), maltodextrin, magnesium carbonate (E504 II), mannitol (E421), natural/nature identical liquid flavour, type “wildberry”, code no. 5752, nature identical liquid flavour, type “blackberry”, code no. 5337, silica, colloidal anhydrous (E551), sorbitol (E420), vanillin), citric acid anhydrous, lactose anhydrous, mannitol, saccharin sodium, sodium carbonate anhydrous, sodium citrate 2 H_2O, sodium cyclamate, sodium hydrogen carbonate.

What ACC 600 ORAL POWDER contains

The active substance is acetylcysteine.

The other ingredients are aspartame, carmellose sodium, citric acid anhydrous, flavour blackberry “B” (colloidal anhydrous silica, gluconolactone, magnesium carbonate, maltodextrin, mannitol, natural/nature identical liquid flavour, type “wildberry”, code no. 5752, nature identical liquid flavour, type “blackberry”, code no. 5337, sorbitol, vanillin), glyceryl tripalmitate, magnesium citrate, magnesium stearate, monosodium citrate, polysorbate 65, sorbitol, xylitol.

What ACC 600 looks like and contents of the pack

ACC 600 (effervescent tablets):

ACC 600 is white, round effervescent tablets scored on one side, faultless surface and a smell of blackberries.

When an ACC 600 effervescent tablet is dissolved in a glass of water, the appearance of the solution is clear, colourless, with no particles and a smell of blackberries.

ACC 600 is packed in polypropylene tubes containing 10, 20, 25 or 40 effervescent tablets, closed with polyethylene stoppers containing desiccant and packed into a cardboard box together with the leaflet.

Alternatively, the effervescent tablets are sealed individually in laminated aluminium-paper-foil sachets.

10, 20, 25 or 40 sachets are packed into a cardboard box together with the leaflet.

ACC 600 ORAL POWDER:

White to slightly yellowish powder, easily disaggregating agglomerates if any, with an odour of blackberry, possibly slightly sulphuric.

ACC ORAL POWDER is filled into laminated aluminium-paper-foil sachets and sealed.

The sachets are packed together with the leaflet into paper folded card boxes.

The sachets are available in pack sizes of 8, 10, 14, 20, 30, 60 or 90.

Not all pack sizes may be marketed.

Holder of Certificate of Registration

Sandoz SA (Pty) Ltd[1]

Waterfall 5-lr

Magwa Crescent West

Waterfall City

Jukskei View

2090

This leaflet was last revised in

Not applicable

Registration numbers

ACC 600: 45/10.3/0229

ACC 600 ORAL POWDER: 51/10.3/0816

Access to the corresponding Professional Information

Not applicable

[1]Company Reg. No.: 1990/001979/07