# PATIENT INFORMATION LEAFLET

**SCHEDULING STATUS:**

**S0**

**VICKS INHALER**

41,54 % Levomenthol; 41,54 % Racemic Camphor

**Read all of this leaflet carefully because it contains important information for you**

VICKS INHALER is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use VICKS INHALER carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share VICKS INHALER with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after ~~10~~ 3-5 days.

**What is in this leaflet**

1. What VICKS INHALER is and what it is used for
2. What you need to know before you use VICKS INHALER
3. How to use VICKS INHALER
4. Possible side effects
5. How to store VICKS INHALER
6. Contents of the pack and other information

## 1. What VICKS INHALER is and what it is used for

The relief of nasal congestion associated with allergic and infectious upper respiratory tract disorders.

## 2. What you need to know before you use VICKS INHALER

**Do not use VICKS INHALER:**

- If you are hypersensitive (allergic) to Levomenthol or Camphor or any of the other ingredients of

VICKS INHALER (listed in section 6).

- with asthma and other respiratory hypersensitivity.

**Warnings and precautions**

If symptoms persist consult your doctor.

Avoid contact with the eyes.

**Children and adolescents**

Do not give VICKS INHALER to children under 6 years old.

**Other medicines and VICKS INHALER**

Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

If you are taking medicines on a regular basis, concomitant use of the medicine may cause undesirable interactions. Please consult your doctor, pharmacist or other health care professional, for advice.

**VICKS INHALER with food and drink and alcohol**

Not applicable.

**Pregnancy and breastfeeding and fertility**

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other health care provider for advice before taking this medicine.

**Driving and using machines**

It is not always possible to predict to what extent VICKS INHALER may interfere with the daily activities of a patient. Patients should ensure that they not engage in the above activities until they are aware of the measure to which VICKS INHALER affects them.

**3. How to use VICKS INHALER**

Do not share medicines prescribed for you with any other person.

Adults and children over 6 years: Vicks Inhaler is used by inserting the inhaler into one nostril, while holding the other nostril closed and inhaling deeply.

It can be used as frequently as needed.

Always use VICKS INHALER exactly as described in this leaflet or as your doctor, or pharmacist or nurse has told you. Check with your doctor or, pharmacist or nurse if you are not sure.

Use only as intended. For external use only.

**If you take more VICKS INHALER than you should**

In the event of overdosage or suspected overdosage and notwithstanding the fact that the person may be asymptomatic, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

**If you forget to use VICKS INHALER**

Not applicable

**If you stop using VICKS INHALER**

Not applicable.

**4. Possible side effects**

VICKS INHALER can have side effects.

Not all side effects reported for VICKS INHALER are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking VICKS INHALER, please consult your health care provider for advice.

Menthol may give rise to hypersensitivity reactions including contact dermatitis.

Consult a doctor if symptoms persist.

In general, no serious or severe side effects are expected with this product.

Nasal discomfort may occur (e.g. temporary burning, stinging, sneezing, or increased nasal discharge).

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

**Reporting of side effects**

If you get side effects, talk to your doctor or, pharmacist or nurse. You can also report side effects to SAHPRA via the Med Safety APP (Medsafety X SAHPRA) and eReporting platform (whoumc.org) found on SAHPRA website. By reporting side effects, you can help provide more information on the safety of VICKS INHALER.

**5. How to store VICKS INHALER**

Store all medicines out of reach of children.

Store in a cool dry place at or below 25 °C.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

**6. Contents of the pack and other information**

**What VICKS INHALER contains**

Each 1,0 g medication for nasal use contains the following active substances:

Levomenthol 415,4 mg and Racemic Camphor 415, 4 mg

The other ingredients are Siberian pine needle oil and methyl salicylate.

**What VICKS INHALER looks like and contents of the pack**

Vicks Inhaler comprises a cellulose acetate wick impregnated with 1,0 ml of liquid medication. The impregnated wick is enclosed within a plug and nose piece and the unit is sealed with a screw-thread closure. All three packaging components are made of white Polypropylene.

A cellulose wick impregnated with a mobile, slightly oily liquid medication, slightly yellow in colour encased in a plastic holder.

**Holder of Certificate of Registration**

P&G South African Trading (Pty) Ltd.

Alice Lane Towers

15 Alice Lane

Sandton

2196

**Applicant:** P&G South African Trading (Pty) Ltd.
**Product name:** Vicks Inhaler
**Dosage form and strength:** Each 1 g contains 415,4 mg Levomenthol and 415,4 mg Camphor

South Africa

**This leaflet was revised in**

18 August 2025

**Registration number**

G1258/Act 101/1965

**Access to the corresponding Professional Information:**

www.vicks.co.za/en-za/product-information