1.3.2 PATIENT INFORMATION LEAFLET

SCHEDULING STATUS

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PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM

Ferrimed® D.S. Chewable Tablets

Read all of this leaflet carefully because it contains important information for you

This medicine is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use **Ferrimed®** carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after 7 days.

WHAT FERRIMED® CONTAINS

Ferrimed® D.S. Chewable Tablets: 100mg elemental iron as iron polymaltose complex per tablet.

The other ingredients are:

Ferrimed® D.S. Chewable Tablets: Chocolate Essence; Vanillin; Talc; Polyethylene Glycol 6000; Sodium cyclamate; Cocoa; Dextrates; Microcrystalline Cellulose

WHAT FERRIMED® IS USED FOR

Iron polymaltose complex in the **Ferrimed®** is indicated for the treatment of iron deficiency and iron deficiency anaemia.

BEFORE YOU TAKE FERRIMED®

Do not take Ferrimed®:

- If you are hypersensitive (allergic) to iron or any of the ingredients
- If you were diagnosed with iron overload

- If you experience disturbances in iron utilization.
- If you are showing hypersensitivity and intolerance to iron.
- If the form of anaemia is without iron deficiency, e.g. megaloblastic anaemia stemming from Vitamin B_{12} deficiency and pernicious anaemia.

Take special care with Ferrimed®:

- In cases of inflammatory conditions or malignancy, the underlying disease must first be treated.
- For women, iron loss due to menstruation must be taken into account, when considering the appropriate dose.

Also tell your doctor if you have received blood transfusions as there is a risk of iron overload as a result of the additional administration of iron.

Taking Ferrimed® with food and drink:

Ferrimed® can be taken during or immediately after food intake.

Pregnancy and breastfeeding:

Ferrimed® should only be used during pregnancy and breastfeeding after consulting a doctor.

Taking other medicines with Ferrimed®:

If you are taking other medicines on a regular basis, including complementary or traditional medicines, the use of **Ferrimed®** with these medicines may cause undesirable interactions. Please consult your doctor, pharmacist or other healthcare professional, for advice.

HOW TO USE FERRIMED®

The dosage as determined by your healthcare professional should not be changed. Please adhere to the directions for use; otherwise **Ferrimed®** cannot act properly.

How much and how often should you take Ferrimed®?

Ferrimed® D.S. Chewable Tablets:

Therapeutic dose: The tablets can be chewed or swallowed whole and should be taken during or directly after a meal.

Ferrimed® D.S. Chewable Tablets are not suitable for children under the age of 12.

Adolescents (over 12 years), adults:

In iron deficiency with anaemia: 1 chewable tablet 1–3 times daily for 3–5 months until blood test values have returned to normal. The daily dosage can also be taken in one dose. Subsequently, treatment is continued with one chewable tablet for several weeks in order to replenish the iron stores.

In iron deficiency without anaemia: 1 chewable tablet daily for 1–2 months.

The dose and duration of treatment depend on the extent of the iron deficiency. The exact duration of treatment is determined by the doctor in each case.

If you take more Ferrimed® than you should:

In the event of overdosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

POSSIBLE SIDE EFFECTS

The oral administration of iron preparations may cause gastro-intestinal irritation and abdominal pain with nausea and vomiting. Other gastro-intestinal effects may include either diarrhoea or constipation. The faeces may be coloured black. Allergies, tooth discolouration, skin rash and headache may occur.

STORAGE AND DISPOSAL OF FERRIMED®

STORE ALL MEDICINES OUT OF REACH OF CHILDREN.

Do not use this medicine after the expiry date printed on the container.

Store at or below 25 °C in a dark dry place.

Keep container tightly closed.

Disposal of this medicine:

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems.

PRESENTATION OF FERRIMED®

Ferrimed® D.S. Chewable Tablets: Carton containing 30 or 90 tablets in blister packs.

IDENTIFICATION OF FERRIMED®

Ferrimed® D.S. Chewable Tablets: Brown and white speckled tablet.

REGISTRATION NUMBER

Ferrimed® D.S. Chewable Tablets: L/8.3/201

NAME AND BUSINESS ADDRESS OF REGISTRATION HOLDER

Pharmacare Limited

Healthcare Park

Woodlands Drive

Woodmead 2191

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