Pharmacode Reads This Way

First Bar Last Bar

PG1

SCHEDULING STATUS S0

PROPRIETARY NAME, STRENGTH AND DOSAGE FORM:
GAVISCON PEPPERMINT TABLETS. Sodium Alginate 250 mg, Sodium Bicarbonate 133,5 mg, Calcium Carbonate 80 mg.

Read all of this leaflet carefully because it contains important information for you.
GAVISCON PEPPERMINT TABLETS is available without a doctor's prescription, for you to treat a mild illness.
Nevertheless, you still need to use **GAVISCON PEPPERMINT TABLETS** carefully to get the best results from it.
Keep this leaflet. You may need to read it again.
Ask your pharmacist if you need more information or advice.
Do not share **GAVISCON PEPPERMINT TABLETS** with any other person.
You must see a doctor if your symptoms worsen or do not improve after seven days.

1. WHAT GAVISCON PEPPERMINT TABLETS CONTAINS:
The active substances are 250 mg sodium alginate, 133,5 mg sodium bicarbonate and 80 mg calcium carbonate.
The other ingredients are mannitol, macrogol 20,000, magnesium stearate and peppermint flavour.
Contains sweetener (Acesulfame K 3,75 mg, Aspartame 3,75 mg per tablet).

2. WHAT GAVISCON PEPPERMINT TABLETS IS USED FOR:
GAVISCON PEPPERMINT TABLETS are used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion which may occur for example following meals or during pregnancy

3. BEFORE YOU TAKE GAVISCON PEPPERMINT TABLETS:
Do not take GAVISCON PEPPERMINT TABLETS
If you are hypersensitive (allergic) to any of the ingredients.
If you have phenylketonuria (a genetic disorder when the body cannot process the amino acid phenylalanine).

Take special care with GAVISCON PEPPERMINT TABLETS:
If you have heart disease or high blood pressure – **GAVISCON PEPPERMINT TABLETS** contains sodium (salt) and may worsen heart disease or high blood pressure.
If you have kidney disease and electrolyte imbalances (e.g. low calcium).
If you have cirrhosis (complication of liver disease)
If you are taking corticosteroids.
If you have a history of high levels of calcium in your blood
If you have had kidney stones before
If symptoms do not improve after seven days, please consult your doctor.
Taking GAVISCON PEPPERMINT TABLETS with food and drink:
GAVISCON PEPPERMINT TABLETS is usually taken after meals and at bedtime.
Do not take **GAVISCON PEPPERMINT TABLETS** with large amount of milk or milk-products.
Pregnancy and Breastfeeding
GAVISCON PEPPERMINT TABLETS may be used during pregnancy.
GAVISCON PEPPERMINT TABLETS may be used during breastfeeding.
If you are pregnant or breastfeeding while taking **GAVISCON PEPPERMINT TABLETS,** please consult your doctor, pharmacist or other health care professional for advice.
Taking other medicines with GAVISCON PEPPERMINT TABLETS:
GAVISCON PEPPERMINT TABLETS may affect the absorption of many other oral medicines, especially antibiotics (such as tetracyclines and fluoroquinolones), iron salts, thyroid hormones, chloroquine (used to treat malaria), biphosphonates (used to treat bone density loss) and estramustine (used to treat cancer).
Wait 2 to 3 hours after taking any other medicine before taking **GAVISCON PEPPERMINT TABLETS**.
If you are taking other medicines on a regular basis, including complementary or traditional medicines, using **GAVISCON PEPPERMINT TABLETS** together with them may cause undesirable interactions. Please consult your doctor, pharmacist or other healthcare professional for advice.

4. HOW TO TAKE GAVISCON PEPPERMINT TABLETS:
Always take **GAVISCON PEPPERMINT TABLETS** exactly as described in this leaflet or as your doctor or pharmacist or nurse has told you. Check with your doctor or pharmacist or nurse if you are not sure.
Chew tablets thoroughly. Do not swallow the tablets whole.
Adults and children 12 years and over: Two to four tablets after meals and at bedtime.
Children under 12 years: Not recommended.
Elderly: The same dose as indicated for adults.
Patients with kidney problems: Caution is necessary, if on salt restriction diet.
If you have the impression that the effect of **GAVISCON PEPPERMINT TABLETS** is too strong or too weak, talk to your doctor or pharmacist.
Do not share medicines prescribed for you with any other person.
If you take more GAVISCON PEPPERMINT TABLETS than you should:
Excessive doses may cause bloating.
In the event of overdosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre**.**
If you forget to take GAVISCON PEPPERMINT TABLETS:
If you miss a dose of **GAVISCON PEPPERMINT TABLETS**, take it as soon as you remember. Take any remaining doses for that day at evenly spaced intervals. Do not double the dose to make up for the forgotten doses.

5. POSSIBLE SIDE-EFFECTS:
GAVISCON PEPPERMINT TABLETS can have side-effects.
Not all side-effects reported for **GAVISCON PEPPERMINT TABLETS** are included in this leaflet.
Should your general health worsen or if you experience any untoward effects while taking **GAVISCON PEPPERMINT TABLETS**, please consult your doctor, pharmacist or other health care professional for advice.
If any of the following side effects occur, speak to your doctor immediately:
Hypersensitivity reactions, stomach cramps, flatulence, constipation, skin rash, hives, itching and problems with breathing.

6. STORING AND DISPOSING OF GAVISCON PEPPERMINT TABLETS:
Keep all medicines out of the reach and sight of children.
Store at or below 25 °C.
Do not use the product after the expiry date shown on the carton, label or blister strip.
Return all unused medicine to your pharmacist.
Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

7. PRESENTATION:
Cartons containing 8, 16, 24, and 48 tablets in blisters with aluminium foil lidding.

8. IDENTIFICATION:
A flat circular tablet with bevelled edges, off-white to cream slightly mottled finish with sword and circle on the observe and "G 250" on the reverse, and an odour of peppermint.

9. REGISTRATION NUMBER:
A38/11.10/0446

10. NAME, BUSINESS ADDRESS AND TELEPHONE NUMBER OF THE HOLDER OF CERTIFICATE OF REGISTRATION:
Reckitt Benckiser Pharmaceuticals (Pty) Limited
8 Jet Park Road
Elandsfontein
1601
+2711 871 1611

11. DATE OF PUBLICATION OF THIS PATIENT INFORMATION LEAFLET
Date on the registration certificate: 05 August 2011
Date of the most recently revised patient information leaflet: 14 December 2019
Please go to the link for access to the corresponding PI:
https://cpdcentre.co.za/productinserts/Gaviscon-250mg-Peppermint-Tabs.pdf

Namibia	17/11.10/0114 (NS0)
Zambia	133/004 (GS)
Botswana	BOT1402597 (A-L) (S4)
Mauritius	R12212/02/14

3158554

PG1

SKEDULERINGSTATUS S0

EIENDOMSNAAM, STERKTE EN DOSERINGS VORM:
GAVISCON PEPPERMINT TABLETS.
Natriumalginaat 250 mg, natriumbikarbonaat 133,5 mg en kalsiumkarbonaat 80 mg

Lees hierdie hele pamflet noukeurig deur want dit bevat belangrike inligting vir u.
GAVISCON PEPPERMINT TABLETS is beskikbaar sonder 'n voorskrif van 'n dokter, vir jou om matige siektes te behandel.
Ongeag moet u steeds **GAVISCON PEPPERMINT TABLETS** versigtig gebruik om die beste resultate daaruit te kry.
Bewaar hierdie pamflet. Dit mag nodig wees om dit weer te lees.
Vra u apteker indien u meer inligting of advies benodig
Moet nie **GAVISCON PEPPERMINT TABLETS** deel met enige ander persoon nie.
Sien u dokter indien u simptome vererger of na sewe dae nie verbeter nie.

1. WAT GAVISCON PEPPERMINT TABLETS BEVAT:
Die aktiewe middels is natriumalginaat, kalsiumkarbonaat en natriumbikarbonaat.
Die ander bestanddele is mannitol, makrogol 20.000, magnesiumstearaat en peppermentgeur.
Bevat versoeter (Acesulfame K 3,75 mg, Aspartaam 3,75 mg per tablet).

2. WAARVOOR GAVISCON PEPPERMINT TABLETS GEBRUIK WORD:
GAVISCON PEPPERMINT TABLETS word gebruik vir die simptome van gastro-esofageale refluks soos suuropstorting, sooibrand en spysvertering, wat kan voorkom na maaltye of tydens swangerskap.

3. VOOR JY GAVISCON PEPPERMINT TABLETS NEEM:
Moet nie GAVISCON PEPPERMINT TABLETS gebruik nie
Indien jy hipersensitief (allergies) is is vir enige van die bestanddele nie.
Indien jy fenielketonurie ('n genetiese afwyking wat veroorsaak dat die liggaam nie aminosuure fenielalanien kan verwerk nie) het nie.

Wees veral versigtig met GAVISCON PEPPERMINT TABLETS:
Indien jy 'n hartsiekte of hoë bloeddruk het - **GAVISCON PEPPERMINT TABLETS** bevat natrium (sout) en mag hartsiekte of hoë bloeddruk vererger.
Indien jy 'n niersiekte of elektrolietwanbalans (bv. lae kalsium) het.
Indien jy sirrose (komplikasies met of lewersiekte) het
Indien jy kortikosteroïdes neem.
Indien jy 'n geskiedenis het van hoë vlakke van calcium in die bloed
Indien jy al voorheen nierstene gehad het
Indien simptome nie na sewe dae verbeter nie, raadpleeg asseblief u dokter.
Die neem van GAVISCON PEPPERMINT TABLETS met spys en drank:
GAVISCON PEPPERMINT TABLETS word gewoonlik geneem na maaltye en met slapenstyd.
Moet nie **GAVISCON PEPPERMINT TABLETS** neem met 'n groot aantal melk of melk produkte nie.
Swangerskap en borsvoeding
GAVISCON PEPPERMINT TABLETS mag gebruik word tydens borsvoeding.
Indien u swanger is of u baba borsvoed terwyl u **GAVISCON PEPPERMINT TABLETS** neem, raadpleeg u dokter, apteker of ander professionele gesondheidswerker vir advies.
Die gebruik van ander medisyne saam met GAVISCON PEPPERMINT TABLETS:
GAVISCON PEPPERMINT TABLETS mag die opname van baie ander orale medisyne beïnvloed, veral antibiotika (soos tetrasikliene en fluorokinolone), yster soute, skildklierhormone, chloorokien (wat gebruik word om malaria te behandel), bisfosfonate (wat gebruik word om beendigtheidsverlies te behandel) en estramustine (wat gebruik word om kanker te behandel). Wag 2 tot 3 ure na die inname van enige ander medisyne voor **GAVISCON PEPPERMINT TABLETS** geneem word.
As u op 'n gereelde basis ander medisyne neem, insluitend aanvullende of tradisionele medisyne, kan die gelyktydige gebruik van **GAVISCON PEPPERMINT TABLETS** ongewensde interaksies veroorsaak. Raadpleeg asseblief u dokter, apteker of ander professionele gesondheidswerker vir advies.

4. HOE OM GAVISCON PEPPERMINT TABLETS TE GEBRUIK:
Neem altyd GAVISCON PEPPERMINT TABLETS presies soos in die pamflet beskryf word, of soos deur u dokter, apteker of verpleegkundige aanbeveel is. Raadpleeg u dokter, apteker of verpleegster as u nie seker is nie.
Kou die tablette deeglik. Moet nie die tablette heel sluk nie.
Volwassenes en kinders 12 jaar en ouer: twee tot vier tablette na maaltye en met slapenstyd.
Kinders jonger as 12 jaar: Nie aanbeveel nie.
Bejaardes: Dieselfde dosis soos aangedui vir volwassenes.
Pasiënte met nierprobleme: Wees versigting indien op 'n soutbeperkings dieët.
Indien u die indruk kry dat die effekte van **GAVISCON PEPPERMINT TABLETS** té sterk of té swak is, raadpleeg u dokter of apteker.
Moet nie medisyne wat aan u voorgeskryf is, deel met enige ander persoon nie.
Indien jy meer GAVISCON PEPPERMINT TABLETS inneem as wat jy behoort:
Oorgroot dosisse mag opgeblasenheid veroorsaak.
In die geval van oordosering, raadpleeg u dokter of apteker. Indien daar nie een beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.
Indien u vergeet om GAVISCON PEPPERMINT TABLETS te neem:
As u 'n dosis van **GAVISCON PEPPERMINT TABLETS** mis, neem dit sodra u onthou.
Neem enige oortollige dosisse vir die dag in eweredige intervalle. Moenie 'n dubbele dosis neem om op te maak vir die vergete dosis nie.

5. MOONTLIKE NEWE-EFFEKTE:
GAVISCON PEPPERMINT TABLETS kan newe-effekte hê.
Nie alle newe-effekte wat vir **GAVISCON PEPPERMINT TABLETS** aangemeld word, is in hierdie pamflet ingesluit nie.
Indien u algemene gesondheid vererger of as u enige probleme ervaar tydens die gebruik van **GAVISCON PEPPERMINT TABLETS**, raadpleeg u dokter, apteker of ander professionele gesondheidswerker vir advies.

Indien enige van die volgende newe-effekte plaasvind, raadpleeg u dokter dadelik:
Hipersensitiwiteitsreaksies, maagkrampe, winderigheid, hardlywigheid, veluitslag, galbulte, jeukerigheid, en probleme met asemhaling.

6. BERGINGSAANWYSINGS EN VERWYDERING VAN GAVISCON PEPPERMINT TABLETS:
Hou alle medisyne buite die bereik en sig van kinders.
Bewaar teen of benede 25 °C.
Moet nie die produk gebruik na verloop van die vervaldatum wat op die karton, of stulpstrook aangedui word nie.
Besorg alle ongebruikte medisyne terug aan u apteker.
Moet nie wegdoen met ongebruikte medisyne in dreine en rioolstelsels (bv. Toilette) nie.

7. AANBIEDING:
Karton bevat 8, 16, 24 en 48 tablette in stulstroke met aluminiumfoeliebedekking.

8. IDENTIFIKASIE:
'n Plat, sirkelvormige tablet met skuins rande, effens wit tot room kleurig en effens gevlekte afwerking met 'n swaard en sirkel aan die onderkant en 'G 250' aan die agterkant, met n pepermunt reuk.

9. REGISTRASIE NOMMER:
A38/11.10/0446

10. NAAM, BESIGHEIDSADRES EN TELEFOONNOMMER VAN DIE HOUER VAN DIE SERTIFIKAAT VAN REGISTRASIE:
Reckitt Benckiser Pharmaceuticals (Edms)Bpk
8 Jet Park Road
Elandsfontein
1601
+2711 871 1611

11. DATUM VAN PUBLIKASIE VAN DIE PASIËNT-INLIGTINGSVOUBILJET
Datum op die registrasiesertifikaat: 05 Augustus 2011
Datum op die mees onlangste pasiënt-inligtingsvoubiljet: 14 Desember 2019
Gaan asseblief na die web adres vir die ooreenstemmende professionele informasie:
https://cpdcentre.co.za/product-inserts/Gaviscon-250mg-Peppermint-Tabs.pdf

3158554

RB Artwork and Print Specification

Trident Reference No:	RB433335
ZEN Ref:	**TR1953696**
Action:	**B**
Brand:	Gaviscon
Category:	Adult
Segment Group:	250mg Tablets
Segment:	Peppermint
Pack Size:	2X12X16Tablets
Market/Country:	South Africa
Date:	24/07/20
RBH Contact:	Shivesh Patel

Artwork Type: BW Commercial

Component Code (2D if applicable):	**3158554**
2nd Component Code (if applicable):	**N/A**
Parent Technical Packaging Specification:	D0064065
Finished Goods Code:	0338347 0338350 0349210 0338348
Supply Point:	RB Hull
3rd Party Code	N/A
Pharmacode No/NE:	1000000(191)
Edgemark Position:	N/A
CAD Cam Ref:	G-Lflt-D0064065-175x200mm
Printer:	Medica Packaging Limited (Crewe, UK)
Substrate:	Paper White

Technical & Non Printing Items
Cutter, Cutter 2 (if applicable), Guides, Guides 2 (if applicable)

Colours (Leaflet)
Process Black 1 LTH

BARCODE INFO

Barcode Type:	N/A
Barcode Number:	N/A
Magnification:	N/A
Truncated By:	N/A
~~Full Height:~~	N/A
Bar Height (Smallest Bar):	N/A
BWR:	N/A
Encoded Data:	N/A

HEALTH ▸ HYGIENE ▸ HOME

TRIDENT

Connaught House, Connaught Road,
Kingswood Business Park, Hull, HU7 3AP, England.
T: +44 (0) 1482 828100

Please note that any low resolution paper Canon colour copies associated with this job should be referred to for content, layout and colour separation only.

UNDER NO CIRCUMSTANCES SHOULD THIS ARTWORK BE ALTERED WITHOUT PRIOR PERMISSION FROM TRIDENT.

STUDIO USE ONLY	Rashmi Jegadeesan	**v2.0**
Sm•Art check results:	G=2; O=0; R=0; - RJ - 24/07/20 08:12:26	

CUSTOMER INFO:
Minimum Point Size = 8.00pt

mm 10 20 30 40 50 60 70 80 90 100 110 120 130 140 150 160 170 180 190 200 210 220 230 240 250

Production line			
Manufacturing site			
Pack Tech approver	1st	2nd	
Date			

Check Criteria	Details & Comments	Checks 1st	2nd
Approvals			
Market Approval			
Regulatory Approval			
3rd Party Approval			
Technical Drawing/ Cutter ref no. & PPI component code			
PPI component code number/s correct on artwork?			
PPI component code number/s in correct position on artwork?			
Correct drawing for the production line?			
Profile shape & dimensions			
Graphics layout/orientation			
Unwind diagram (PPTD1022/1-20)			
Printable areas/bleed			
Varnish free areas			
Variable coding position & dimensions			
Varnish and print requirements			
Pre-printed headers (alignment and suitability)			
Embossing, Braille & Foil Blocking			
Separations on artwork			
Alignment within cutter			
Braille structure			
Verification Code Type; Pharma Code / 2D / OCV			
Bar sequence and/or number correct on artwork			
Bar sequence and/or number in correct position on artwork?			
Size (height, width, spacing, font)			
Direction of read			
Light margins and print free areas			
Colour			
Repeat distance (reeled material)			
Cross check related docs ie BOM			
Bar code Type; EAN, ITF, Code39, etc			
Magnification / width and height			
Colour (e.g. black print on white background)			
Light margins & indicators			
Bearer bars & H gauges (if required)			
Symbol grade (Pass = A,B,C; Action = D,F)			
Bar code number (human readable)			
Bar code number (encoded & hidden data)			
Confirm bar code number from source			
Cross check related docs (JDE/PID)			
Photo-electric cell mark / edge marks			
Present & per Tech drawing?			
Correct pitch?			
Additional markings			
e-mark, recycle logo etc			
Legend box (RB specification)			
Correct component code			
Correct D spec / has cutter changed?			
Correct printer / has printer changed?			
Correct Substrate			
A/W is set up appropriately for this substrate			
Edge mark details			
Pharmacode details			
Colours & print process			
Varnish			
Barcode information			
General details are correct			

Pass / Fail comments and Signature

By approving the artwork referenced within this form I authorise it for release to the print supplier

Additional Comments

Version 004 07/01/2020

RB Artwork and Print Specification

Trident Reference No:	RB433335
ZEN Ref:	**TR1953696**
Action:	**B**
Brand:	Gaviscon
Category:	Adult
Segment Group:	250mg Tablets
Segment:	Peppermint
Pack Size:	2X12X16Tablets
Market/Country:	South Africa
Date:	24/07/20
RBH Contact:	Shivesh Patel

Artwork Type: BW Commercial

Component Code (2D if applicable):	**3158554**
2nd Component Code (if applicable):	**N/A**
Parent Technical Packaging Specification:	D0064065
Finished Goods Code:	0338347 0338350 0349210 0338348
Supply Point:	RB Hull
3rd Party Code	N/A
Pharmacode No/NE:	1000000(191)
Edgemark Position:	N/A

CAD Cam Ref:	G-Lflt-D0064065-175x200mm
Printer:	Medica Packaging Limited (Crewe, UK)
Substrate:	Paper White

Technical & Non Printing Items

- Cutter
- Cutter 2 (if applicable)
- Guides
- Guides 2 (if applicable)

Colours (Leaflet)

Process Black 1 LTH

BARCODE INFO

Barcode Type:	N/A
Barcode Number:	N/A
Magnification:	N/A
Truncated By:	N/A
Full Height:	N/A
Bar Height (Smallest Bar):	N/A
BWR:	N/A
Encoded Data:	N/A

HEALTH ▸ HYGIENE ▸ HOME

TRIDENT
Connaught House, Connaught Road,
Kingswood Business Park, Hull, HU7 3AP, England.
T: +44 (0) 1482 828100

Please note that any low resolution paper Canon colour copies associated with this job should be referred to for content, layout and colour separation only.

UNDER NO CIRCUMSTANCES SHOULD THIS ARTWORK BE ALTERED WITHOUT PRIOR PERMISSION FROM TRIDENT.

STUDIO USE ONLY	Rashmi Jegadeesan	**v2.0**
Sm•Art check results:	G=2; O=0; R=0; - RJ - 24/07/20 08:12:26	

