Aw. No.: 200012087

Fexogen PIL

Front

200012087

PATIENT INFORMATION LEAFLET

Read all of this leaflet carefully because it contains important information for you.
This leaflet answers some common questions about Fexogen. It does not contain all the available information.

• Keep this leaflet. You may need to read it again.
• Ask your doctor or pharmacist if you need more information or advice.

SCHEDULING STATUS:

S2

PROPRIETARY NAME AND DOSAGE FORM:
Fexogen 120 (Tablet)
Fexogen 180 (Tablet)

WHAT FEXOGEN 120 AND 180 TABLETS CONTAINS:
- The active substance is fexofenadine hydrochloride, 120 mg per tablet in Fexogen 120 and 180 mg per tablet in Fexogen 180.
- The other ingredients are microcrystalline cellulose, croscarmellose sodium, maize starch, povidone, magnesium stearate, hydroxypropylmethylcellulose, titanium dioxide, polyethylene glycol 400, polyethylene glycol 4000, iron oxide yellow CI177492 and iron oxide red CI177491 (120 mg tablets only).

WHAT FEXOGEN IS USED FOR
Fexogen contains the active ingredient fexofenadine hydrochloride and belongs to a group of medicines called antihistamines. It works by blocking the action of histamine and other substances produced by the body which are causing your allergies.

Fexogen is used to relieve the symptoms of hayfever (seasonal allergic rhinitis) such as sneezing, itchy, watery or red eyes and itchy, blocked or runny nose. The 180 mg tablets are also used to relieve the symptoms of urticaria, otherwise known as hives or itchy rash.

BEFORE TAKING FEXOGEN:
Do not take Fexogen if:
- you are hypersensitive (allergic) to fexofenadine hydrochloride or any of the other tablet ingredients
- you are under the age of 12
- you are pregnant or planning to become pregnant
- or you are breastfeeding

Take special care with Fexogen if:
- you are over the age of 60
- you have kidney or liver problems
- you are performing skilled tasks (such as driving), as you may experience drowsiness.

Taking Fexogen with other medicines:
If you are taking other medicines on a regular basis, including complementary or traditional medicines, the use of Fexogen with these medicines may cause undesirable interactions. Please consult your doctor, pharmacist or other healthcare professional for advice.
Speak to your doctor or pharmacist if you are taking erythromycin or ketoconazole together with Fexogen.
If you are taking antacids containing aluminium and magnesium hydroxide, take the Fexogen and the antacid, 2 hours apart.

HOW TO TAKE FEXOGEN
Always take your medicine exactly as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.
For relief of the symptoms of hayfever, the usual dosage for adults and children over 12 years of age is one 120 mg tablet daily when required.
For relief of the symptoms of urticaria, the usual dosage for adults and children over 12 years of age is one 180 mg tablet daily when required.
If you have poor kidney function, a lower starting dose of 60 mg is recommended.
If you have the impression that the effect of Fexogen is too strong or too weak, talk to your doctor or pharmacist.

If you take more Fexogen than you should:
You may experience dizziness, drowsiness and dry mouth.
In the event of overdosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control center.

If you forget to take Fexogen:
Take the tablet the next day. Do not take a double dose to make up for forgotten individual doses.

POSSIBLE SIDE EFFECTS
Although most people will not experience any side-effects, some of the side-effects that may occur with Fexogen are:
- headache
- tiredness
- nausea
- dizziness
- drowsiness

Not all side-effects reported for this medicine are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice.

STORING AND DISPOSING OF FEXOGEN
Store your tablets in a cool place (below 25 °C), in the original containers.
Keep all medicines out of the reach and sight of children.
Do not use after the expiry date stated on the carton.
Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF FEXOGEN
Fexogen 120 is packed in blister strips and are placed in outer cardboard cartons of 10 or 30 tablets.
Fexogen 180 is packed in blister strips and are placed in outer cardboard cartons of 10 or 30 tablets.

IDENTIFICATION OF FEXOGEN
Fexogen 120: Peach coloured oblong tablets, plain on both sides.
Fexogen 180: Yellow coloured, oblong tablets, plain on one side and scored on the other.

REGISTRATION NUMBER
Fexogen 120: A40/5.7.1/0083
Fexogen 180: A40/5.7.1/0084

NAME AND ADDRESS OF REGISTRATION HOLDER
Trinity Pharma (Pty) Ltd.
106 16th Road, Building 2
Midrand
1686

DATE OF PUBLICATION
25 November 2016

For professional information leaflet:
www.trinitypharma.co.za

Back

PASIËNTINLIGTINGSBLAD

Lees die hele pamflet noukeurig deur, want dit bevat belangrike inligting vir jou.
Hierdie pamflet beantwoord 'n paar algemene vrae oor Fexogen. Dit bevat nie al die beskikbare inligting nie.

• Bewaar hierdie pamflet. Jy sal dit dalk weer moet lees.
• Raadpleeg jou dokter of apteker indien jy meer inligting of raad benodig.

SKEDULERINGSTATUS:

S2

EIENDOMSNAAM EN DOSISVORM:
Fexogen 120 (Tablette)
Fexogen 180 (Tablette)

WAT FEXOGEN 120 EN 180 TABLETTE BEVAT:
- Die aktiewe bestanddeel is feksofenadienhidrochloried wat 120 mg per tablet in Fexogen 120 en 180 mg per tablet in Fexogen 180 bevat.
- Die ander bestanddele is mikrokristallynsellulose, kruiskarmellose natrium, mieliestysel, povidoon, magnesiumstearaat, hidroksiepropielmetielsellulose, titaandioksied, poliëtileenglikol 400, poliëtileenglikol 4000, geel ysteroksied CI177492 asook rooi ysteroksied CI177491 (slegs 120 mg tablette alleenlik).

WAARVOOR WORD FEXOGEN GEBRUIK
Fexogen bevat die aktiewe bestanddeel feksofenadienhidrochloried en behoort aan 'n groep medisyne wat antihistamiene genoem word. Dit blok die werking van histamien en ander stowwe wat deur die liggaam vervaardig word wat jou allergieë veroorsaak.

Fexogen word gebruik om die simptome van hooikoors (seisoenale allergiese rinitis) soos nies, jeukerige, waterige of rooi oë en jeukerige, verstopte of loopneus te verlig. Die 180 mg tablette word ook gebruik om die simptome van urtikaria, andersins bekend as korwe of jeukerige uitslag, te verlig.

VOORDAT U FEXOGEN NEEM:
Moenie Fexogen neem indien:
- jy is hipersensitief (allergies) vir feksofenadienhidrochloried of enige van die ander tabletbestanddele
- jy onder die ouderdom van 12 is
- jy swanger is of beplan om swanger te word
- jy borsvoed

Wees veral versigtig met Fexogen indien:
- jy ouer as 60 is
- jy nier- of lewerprobleme het
- jy vaardige take verrig (soos bestuur), aangesien jy lomerigheid kan ervaar

Wanneer jy Fexogen saam met ander medisyne neem:
Indien jy ander medisyne op 'n gereelde basis neem, insluitend komplementêre of tradisionele medisyne, kan die gebruik van Fexogen saam met hierdie medisyne ongewenste interaksies veroorsaak. Raadpleeg asseblief jou dokter, apteker of ander gesondheidswerker vir advies.
Raadpleeg met jou dokter of apteker indien jy eritromisien of ketokonasool neem saam met Fexogen.
Indien jy teensuurmiddels gebruik wat aluminium- en magnesiumhidroksied bevat. Neem Fexogen en die teensuurmiddel 2 uur uitmekaar.

HOE OM FEXOGEN TE NEEM
Neem altyd jou medisyne presies soos jou dokter dit voorgeskryf het.
Jy moet jou dokter of apteker raadpleeg indien jy onseker is.
Vir verligting van die simptome van hooikoors is die gewone dosis vir volwassenes en kinders ouer as 12 jaar een 120 mg tablet daagliks wanneer nodig.
Vir verligting van die simptome van urtikaria is die gewone dosis vir volwassenes en kinders ouer as 12 jaar oud een 180 mg tablet daagliks wanneer nodig.
Indien u swak nierfunksie het, word 'n laer aanvangsdosis van 60 mg aanbeveel.
Indien jy die indruk kry dat die effek van Fexogen te sterk of te swak is, raadpleeg met jou dokter of apteker.

Indien jy meer Fexogen neem as wat jy moet:
Jy kan duiseligheid, lomerigheid en droë mond ervaar.
In die geval van oordosering, raadpleeg jou dokter of apteker. Indien nie een beskikbaar is nie, soek hulp by die naaste hospitaal of gifbeheersentrum.

Indien jy vergeet om Fexogen te neem:
Neem die tablet die volgende dag. Moenie 'n dubbeldosis neem om vergete individuele dosisse in te haal nie.

MOONTLIKE NEWE-EFFEKTE
Alhoewel die meeste mense geen newe-effekte ervaar nie, kan sommige van die volgende newe-effekte met die gebruik van Fexogen voorkom:
- hoofpyn
- moegheid
- naarheid
- duiseligheid
- lomerigheid

Nie alle newe-effekte wat vir hierdie medisyne aangemeld is, is in hierdie pamflet ingesluit nie. Indien jou algemene gesondheid versleg terwyl u hierdie medisyne gebruik, raadpleeg asseblief u dokter, apteker of ander gesondheidswerker vir advies.

BERGING EN WEGDOEN VAN FEXOGEN
Bewaar jou tablette in 'n koel plek (onder 25 °C) in die oorspronklike houer.
Hou alle medisyne buite bereik en sig van kinders.
Moenie Fexogen gebruik na die vervaldatum soos op die karton aangedui nie.
Gee alle ongebruikte medisyne terug aan jou apteker. Moenie ongebruikte medisyne weggooi in dreine of rioolstelsels (bv. toilette) nie.

AANBIEDING VAN FEXOGEN
Fexogen 120 word in stulpstrokies verpak en word in kartonhouers van 10 of 30 tablette geplaas.
Fexogen 180 word in stulpstrokies verpak en word in buitekartonhouers van 10 of 30 tablette geplaas.

IDENTIFIKASIE VAN FEXOGEN
Fexogen 120: Perskekleurige langwerpige tablette wat glad is aan beide kante.
Fexogen 180: Geelkleurige, langwerpige tablette, glad aan die een kant en gekerf aan die ander kant.

REGISTRASIENOMMER
Fexogen 120: A40/5.7.1/0083
Fexogen 180: A40/5.7.1/0084

NAAM EN ADRES VAN REGISTRASIEHOUER
Trinity Pharma (Edms.) Bpk.
106 16de Weg, Gebou 2
Midrand
1686

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Vir professionele inligting voubiljet:
www.trinitypharma.co.za

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This artwork is Technically and Pharmaceutically approved (Customer Signature)

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						Claudia Law Approved 30.06.2022 Tsiane Makou Approved 01.07.2022
Packaging Development	Marketing	Regulatory Affairs	Production	Quality Control	Quality Assurance	Party Approval

Specifications:
Leaflet Dimension: 140 x 410mm
Paper / GSM: Bible/ 40GSM
No. of Foldes: Prefolded (140 x 230mm)
Pantone no.: Black

Pharmacode	No.
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Back	4357