PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

ESKAMEL ACNE AND PIMPLE OINTMENT, Ointment

The active substances per 100 g are resorcinol 2 g and sulphur 8 g

Read all of this leaflet carefully because it contains important information for you

ESKAMEL ACNE AND PIMPLE OINTMENT is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use ESKAMEL ACNE AND PIMPLE OINTMENT carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share ESKAMEL ACNE AND PIMPLE OINTMENT with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after 10 days.

What is in this leaflet

1. What ESKAMEL ACNE AND PIMPLE OINTMENT is and what it is used for

2. What you need to know before you use ESKAMEL ACNE AND PIMPLE OINTMENT
3. How to use ESKAMEL ACNE AND PIMPLE OINTMENT
4. Possible side effects
5. How to store ESKAMEL ACNE AND PIMPLE OINTMENT
6. Contents of the pack and other information

1 What ESKAMEL ACNE AND PIMPLE OINTMENT is and what it is used for

ESKAMEL ACNE AND PIMPLE OINTMENT is an acne preparation. It is used in the treatment of pimples, blemishes and acne.

2 What you need to know before you use ESKAMEL ACNE AND PIMPLE OINTMENT

ESKAMEL ACNE AND PIMPLE OINTMENT is for external use only.

Do not use ESKAMEL ACNE AND PIMPLE OINTMENT:

- if you are hypersensitive (allergic) to sulphur or resorcinol or any of the other ingredients of ESKAMEL ACNE AND PIMPLE OINTMENT (listed in section 6).

Warnings and precautions

Take special care with ESKAMEL ACNE AND PIMPLE OINTMENT:

- use with care on acutely inflamed areas or near the eyes;

- moderate redness of the skin and scaling are the expected effects of ESKAMEL ACNE & PIMPLE OINTMENT;
- if redness of the skin and scaling are excessive or if inflammation occurs, stop treatment until the reaction has subsided and then apply ESKAMEL ACNE AND PIMPLE OINTMENT at longer intervals.

Other medicines and ESKAMEL ACNE AND PIMPLE OINTMENT:

Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

Pregnancy and breastfeeding

If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other health care provider for advice before using this medicine.

Driving and using machines

It is not always possible to predict to what extend ESKAMEL ACNE AND PIMPLE OINTMENT may interfere with the daily activities of a patient. Patients should ensure that they do not engage in the above activities until they are aware of the measure to which ESKAMEL ACNE AND PIMPLE OINTMENT affects them.

3 How to use ESKAMEL ACNE AND PIMPLE OINTMENT

Do not share medicines prescribed for you with any other person.

Always use ESKAMEL ACNE AND PIMPLE OINTMENT exactly as described in this leaflet or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

- Wash the affected areas with soap and water and dry carefully.
- Apply ESKAMEL ACNE & PIMPLE OINTMENT thinly to the skin with the fingers but do not rub in.
- Once a day is usually enough, but if the patient has a very oily skin, the ointment may be applied more often.
- ESKAMEL ACNE & PIMPLE OINTMENT may be used under make-up to mask the spots and lesions of acne.

If you use more ESKAMEL ACNE AND PIMPLE OINTMENT than you should:

There are no known cases of overdosage with this type of product.
In case of accidental ingestion, or in the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

If you forget to use ESKAMEL ACNE AND PIMPLE OINTMENT

Do not use a double dose to make up for forgotten individual doses.

4 Possible side effects

ESKAMEL ACNE AND PIMPLE OINTMENT can have side effects.

Not all side effects reported for ESKAMEL ACNE & PIMPLE OINTMENT are included in this leaflet. Should your general health worsen or if you experience any untoward effect while using ESKAMEL ACNE & PIMPLE OINTMENT, please consult your health care provider for advice.

The following are expected effects when you use ESKAMEL ACNE AND PIMPLE OINTMENT:

- moderate redness of the skin;
- scaling.

See also "**Warnings and precautions"**.

Resorcinol may be absorbed through the skin or from ulcerated surfaces and prolonged use may lead to swelling of the skin and underlying tissue due to the antithyroid action of resorcinol.
Central Nervous System stimulation and convulsions may occur as a result of systemic absorption.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting if side effects

If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the "**6.04 Adverse Drug Reaction Reporting Form**", found online under SAHPRA's publications: https://www.sahpra.org.za/Publications/Index/8. By reporting side effects, you

can help provide more information on the safety of ESKAMEL ACNE AND PIMPLE OINTMENT. You may also report side effects directly to https://www.mentholatum.co.za.

5 How to store ESKAMEL ACNE AND PIMPLE OINTMENT

Store at or below 25 °C in a dry place.

Keep in the original specially-lined tubes to prevent evaporation.

Keep the tube in the outer container.

Keep the tube tightly closed.

Store all medicines out of reach of children.

Do not use after the expiry date stated on the tube.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

6 Content of the pack and other information

What ESKAMEL ACNE AND PIMPLE OINTMENT contains

The active substance per 100 g is

- resorcinol 2 g and sulphur 8 g
- The preservative is Nipastat 0,25 % *m/m*
- The other ingredients are alcohol 96 %, titanium dioxide, Chocolate Brown colourant, propylene glycol, Lily of the Valley fragrance, potassium hydroxide, bentonite and purified water.

What ESKAMEL ACNE AND PIMPLE OINTMENT looks like and contents of the pack

ESKAMEL ACNE & PIMPLE OINTMENT is a smooth, brown, non-greasy ointment.

ESKAMEL ACNE AND PIMPLE OINTMENT is presented in 20 g, 40 g, 50 g or 100 g printed laminate tubes fitted with white linerless plastic caps. Not all pack sizes may be available.

Holder of Certificate of Registration

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Access to the corresponding Professional Information

The PI can be found online under Mentholatum SA's website:

https://www.mentholatum.co.za.