175mm

300mm

SCHEDULING STATUS S0

PROPRIETARY NAME, STRENGTH AND DOSAGE FORM
Gaviscon Advance Peppermint Suspension. Each 5 ml suspension contains sodium alginate 500 mg
Read all of this leaflet carefully because it contains important information for you
Gaviscon Advance Peppermint is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use **Gaviscon Advance Peppermint** carefully to get the best results from it.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- Do not share **Gaviscon Advance Peppermint** with any other person.
- You must see a doctor if your symptoms worsen or do not improve after 7 days.

1. WHAT GAVISCON ADVANCE PEPPERMINT CONTAINS
The active substance is: Sodium alginate 500 mg.
The other ingredients are: potassium bicarbonate, calcium carbonate, carbomer, sodium hydroxide, peppermint flavour, water.
Preservatives: Methylhydroxybenzoate 0,4% m/v and Propylhydroxybenzoate 0,06% m/v
Contains sweetener (Sodium saccharin 0,1% m/v).

2. WHAT GAVISCON ADVANCE PEPPERMINT IS USED FOR
Gaviscon Advance Peppermint Suspension is used for the following conditions: gastric reflux (reflux of stomach contents into the oesophagus); reflux oesophagitis (inflamed foodpipe); heartburn, including heartburn during pregnancy; and conditions associated with gastric reflux including hiatus hernia (protrusion of muscle through a muscle wall); flatulence (accumulation of gas in the stomach or intestines); epigastric and retrosternal distress.

3. BEFORE YOU USE GAVISCON ADVANCE PEPPERMINT
Do not take Gaviscon Advance Peppermint if:
You know that you are allergic to Sodium alginate or any other ingredients of the product, including methyl parahydroxybenzoate and propyl parahydroxybenzoate.
Take special care with Gaviscon Advance Peppermint:
Gaviscon Advance Peppermint contains calcium, sodium and potassium. Take care in the following instances:
If you are on a controlled salt diet (e.g. in some cases of congestive heart failure and renal impairment).
Any condition where you need to take care with the intake of sodium, calcium or potassium is regulated.
Using Gaviscon Advance Peppermint with food and drink:
The suspension can be taken with food and drink.
Pregnancy and Breast-feeding:
Gaviscon Advance Peppermint may be used during pregnancy and lactation (breastfeeding).
If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before taking **Gaviscon Advance Peppermint.**
Driving and using machinery:
There are no reports that Gaviscon Advance Peppermint interferes with the ability to drive and use machinery.
Important information about some of the ingredients of Gaviscon Advance Peppermint:
Gaviscon Advance Peppermint contains calcium, sodium and potassium. Please
read "Take special care with Gaviscon Advance Peppermint".
Using other medicines with Gaviscon Advance Peppermint:
There are no known reactions between Gaviscon Advance Peppermint and any other medicines.
Always tell your healthcare professional if you are taking any other medicine. (This includes complementary or traditional medicines.)

4. HOW TO TAKE GAVISCON ADVANCE PEPPERMINT
Gaviscon Advance Peppermint is for oral use.
Always take Gaviscon Advance Peppermint exactly as described in the leaflet or as your doctor or pharmacist or nurse has told you. Check with your doctor or pharmacist or nurse if you are not sure.
The usual dose:
Adults and children over 12 years: 5-10 ml after meals and at bedtime.
Children under 12 years: Not recommended except on doctor's advice.
Duration of treatment:
Consult a doctor if symptoms persist or worsen after 7 days.
Shake well before use.
If you have the impression that the effect of Gaviscon Advance Peppermint is too strong or too weak, talk to you doctor or pharmacist.
If you take more Gaviscon Advance Peppermint, then you should:
If an overdose was taken, you may experience:
A feeling of abdominal distension: (bloated or swollen stomach).
Treatment of overdosage is symptomatic and supportive
In the event of overdosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control centre.

5. POSSIBLE SIDE EFFECTS
Gaviscon Advance Peppermint can have the following side effects:
Patients with renal failure (kidney problems) can experience increased blood levels of potassium. Nausea, vomiting, diarrhoea and abdominal cramps may occur.
Anaphylactic and anaphylactoid: Hypersensitivity reactions such as such as bronchospasm and urticaria.
If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.
Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other health care professional for advice.

6. STORING AND DISPOSING OF GAVISCON ADVANCE PEPPERMINT
Store all medicines out of reach of children.
Store at or below 25 °C. Do not refrigerate.
Do not store in bathrooms.
Do not use after the expiry date stated on the carton or bottle.
Return all unused medicine to you pharmacist.
Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

7. PRESENTATION
Amber glass bottles containing 200 ml or 500 ml or laminate foil containing 10 ml suspension.

8. IDENTIFICATION
An off-white to pale brown suspension with an odour of peppermint.

9. REGISTRATION NUMBER
A40/11.10/0049

10. NAME, BUSINESS ADDRESS AND TELEPHONE NUMBER OF THE HOLDER OF CERTIFICATE OF REGISTRATION
Reckitt Benckiser Pharmaceuticals (Pty) Limited
8 Jet Park Road
Elandsfontein
1601
+2711 871 1611

11. DATE OF PUBLICATION OF THIS PATIENT INFORMATION LEAFLET
Date on the registration certificate: 08 February 2008
Date on the most recently revised patient information leaflet: 17 December 2019

Please go to the link for access to the corresponding PI:
https://cpdcentre.co.za/product-inserts/Gaviscon-Advance-Peppermint.pdf

Namibia	14/11.10/0615 (NS0)
Mauritius	R12209/02/14 (Bottle) R12214/02/14 (Sachet)

3159338

SKEDULERINGSTATUS: S0

EIENDOMSNAAM, STERKTE EN DOSEERVORM
Gaviscon Advance Peppermint Suspensie. Elke 5 ml suspensie bevat 500 mg natriumalginaat.
Lees hierdie hele pamflet noukeurig deur want dit bevat belangrike inligting vir u.
Gaviscon Advance Peppermint is beskikbaar sonder 'n voorskrif van 'n dokter, vir jou om matige siektes te behandel.
Ongeag moet u steeds **Gaviscon Advance Peppermint** versigtig gebruik om die beste resultate daaruit te kry.
- Bewaar hierdie pamflet. Dit mag nodig wees om dit weer te lees.
- Vra u apteker indien u meer inligting of advies benodig.
- Moet nie **Gaviscon Advance Peppermint** met enige ander persoon deel nie.
- Sien u dokter indien u simptome vererger of na sewe dae nie verbeter nie.

1. WAT GAVISCON ADVANCE PEPPERMINT BEVAT
Die aktiewe bestanddeel is: Natriumalginaat 500 mg.
Die ander bestanddele is: kaliumbikarbonaat, kalsiumkarbonaat, karbomeer, natriumhidroksied, peppermentgeur, water.
Preserveermiddels: Metielhidroksibensoaat 0,4% m/v en Propielhidroksibensoaat 0,06% m/v.
Bevat versoeter (Natriumsakkarien 0,1% m/v)

2. WAARVOOR GAVISCON ADVANCE PEPPERMINT GEBRUIK WORD
Gaviscon Advance peppermint suspensie word gebruik vir die volgende kondisies: maag-refluks (terugvloei van maaginhoud in die slukderm); reflux-esofagitis (ontsteekte voedselpyp); sooibrand, insluitend sooibrand tydens swangerskap; en simptome wat geassosieer met maag-refluks insluitend hiatus hernia (uitsteek van spiere deur 'n spierwand); opgeblaasheid (ophoping van gas in die maag of ingewande); epigastriese en retrosternale nood.

3. VOOR JY GAVISCON ADVANCE PEPPERMINT NEEM:
Moet nie Gaviscon Advance Peppermint gebruik nie
Indien jy allergies is vir natriumalginaat of enige ander van die bestanddele in hierdie produk, insluitend metielparahydroxybenzoate en propyl parahydroxybenzoate.
Wees veral versigtig met Gaviscon Advance Peppermint:
Gaviscon Advance Peppermint bevat kalsium, natrium en kalium. Wees versigtin in die volgende gevalle:
Indien jy op 'n gekontroleerde soutdieët is (bv in sommige gevalle van kongestiewe hartversaking en renale inkorting).
Enige toestand waar jy nodige sorg moet neem met die inname van natrium, kalsium of kalium gereguleer word.
Die gebruik van Gaviscon Advance Peppermint met spys en drank:
Die suspensie kan geneem word met spys en drank.
Swangerskap en borsvoeding:
Gaviscon Advance Peppermint mag gebruik word tydens swangerskap en laktasie (borsvoeding).
Indien u swanger is of u baba borsvoed, raadpleeg u dokter, apteker of ander professionele gesondheidswerker vir advies voor die neem van **Gaviscon Advance Peppermint.**
Bestuur en die gebruik van masjinerie:
Daar is geen berigte dat **Gaviscon Advance Peppermint** inmeng met die vermoë om te bestuur die gebruik van masjinerie.
Belangrike inligting oor sommige van die bestanddele in Gaviscon Advance Peppermint:
Gaviscon Advance Peppermint bevat kalsium, natrium en kalium. Lees asseblief "Neem spesiale sorg met **Gaviscon Advance Peppermint**".
Die gebruik van ander medisyne saam met Gaviscon Advance Peppermint:
Daar is geen reaksies tussen **Gaviscon Advance Peppermint** en enige ander medisyne wat bekend is nie.
Lig altyd u mediese dokter in as u enige ander medisyne neem. (Dit sluit komplimentêre of tradisionele medisyne in.)

4. HOE OM GAVISCON ADVANCE PEPPERMINT TE GEBRUIK:
Gaviscon Advance Peppermint is vir orale gebruik.
Neem altyd **Gaviscon Advance Peppermint** presies soos in die pamflet beskryf word, of soos deur u dokter, apteker of verpleegkundige aanbeveel is. Raadpleeg u dokter, apteker of verpleegster as u nie seker is nie. Die gewone dosis:
Volwassenes en kinders oor 12 jaar: 5-10 ml na maaltye en met slapenstyd.
Kinders onder 12 jaar: Word nie aanbeveel nie, behalwe op doktersadvies.
Duur van behandeling:
Raadpleeg 'n dokter as die simptome na 7 dae aanhou of vererger.
Skud goed voor gebruik.
Indien u die indruk kry dat die effekte van **Gaviscon Advance Peppermint** té sterk of té swak is, raadpleeg u dokter of apteker.
Indien jy meer Gaviscon Advance Peppermint inneem as wat jy behoort:
Indien 'n oordosis geneem word mag jy die volgende ervaar:
'n Gevoel van abdominale distensie: (opgeblase of geswelde maag).
Behandeling van oordosering is simptomaties en ondersteunend
In die geval van oordosering, raadpleeg u dokter of apteker. Indien daar nie een beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

5. MOONTLIKE NEWE-EFFEKTE
Gaviscon Advance Peppermint kan die volgende newe-effekte hê:
Pasiënte met nierversaking (nierprobleme) kan verhoogde bloedvlakke van kalium ervaar. Naarheid, braking, diarree en buikkrampe kan voorkom.
Anafilakties en anafilaktoïed: hipersensitiwiteitsreaksies soos brongospasma en urtikaria.
Indien u enige van die newe-effekte wat in hierdie pamflet genoem is, ervaar, raadpleeg u dokter of apteker.
Nie alle newe-effekte wat vir hierdie medisyne aangemeld word, is in hierdie pamflet ingesluit nie. Indien u algemene gesondheid vererger of as u enige probleme ervaar tydens die gebruik van hierdie medisyne, raadpleeg u dokter, apteker of ander professionele gesondheidswerker vir advies.

6. BERGINGSAANWYSINGS EN VERWYDERING VAN GAVISCON ADVANCE PEPPERMINT
Stoor alle medisyne buite die bereik van kinders.
Bewaar teen of benede 25 °C. Moet nie in die yskas plaas nie.
Moenie in badkamers stoor nie.
Moet nie die produk gebruik na verloop van die vervaldatum wat op die bottel aangedui word nie.
Besorg alle ongebruikte medisyne terug aan u apteker.
Moet nie wegdoen met ongebruikte medisyne in dreine en rioolstelsels (bv. Toilette) nie.

7. AANBIEDING
Amberglasbottels wat 200 ml of 500 ml en laminaatfoeliesakkies wat 10 ml suspensie bevat.

8. IDENTIFIKASIE
'n Naaswit tot vaal bruin suspensie met 'n reuk van peppermint.

9. REGISTRASIE NOMMER
A40/11.10/0049

10. NAAM, BESIGHEIDSADRES EN TELEFOONNOMMER VAN DIE HOUER VAN DIE SERTIFIKAAT VAN REGISTRASIE
Reckitt Benckiser Pharmaceuticals (Edms) Bpk
8 Jet Park Road
Elandsfontein
1601
+2711 871 1611

11. DATUM VAN PUBLIKASIE VAN DIE PASIËNT-INLIGTINGSVOUBILJET
Datum op die registrasiesertifikaat: 08 Februarie 2008
Datum op die mees onlangste pasiënt-inligtingsvoubiljet: 17 Desember 2019
Gaan asseblief na die web adres vir die ooreenstemmende professionele informasie:
https://cpdcentre.co.za/product-inserts/Gaviscon-Advance-Peppermint.pdf

3159338

CUSTOMER INFO:
Minimum Point Size = 8.00pt

RB Artwork and Print Specification

Trident Reference No:	RB437250
ZEN Ref:	**TR1984145**
Action:	**C**
Brand:	Gaviscon
Category:	Adult
Segment Group:	Advance Liquid
Segment:	Peppermint
Pack Size:	12X12X10ml
Market/Country:	South Africa
Date:	26/10/20
RBH Contact:	Shivesh Patel

Artwork Type: BW Commercial

Component Code (2D if applicable):	**3159338**
2nd Component Code (if applicable):	**N/A**
Parent Technical Packaging Specification:	D0103734
Finished Goods Code:	**0156003**
Supply Point:	RB Hull
3rd Party Code	N/A
Pharmacode No/NE:	N/A
Edgemark Position:	N/A
CAD Cam Ref:	G-Lflt-D0103734-300x175mm
Printer:	Essentra Packaging (Bradford, UK)
Substrate:	Paper White

Technical & Non Printing Items
Cutter | Cutter 2 (if applicable)
Guides | Guides 2 (if applicable)

Colours (Leaflet)
Process Black

BARCODE INFO

Barcode Type:	DataMatrix
Barcode Number:	3159338
Magnification:	N/A
Truncated By:	N/A
Full Height:	6.0 mm
Bar Height (Smallest Bar):	N/A
BWR:	0 microns
Encoded Data:	N/A

HEALTH ▸ HYGIENE ▸ HOME

TRIDENT
Connaught House, Connaught Road,
Kingswood Business Park, Hull, HU7 3AP, England.
T: +44 (0) 1482 828100

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STUDIO USE ONLY	Divya Pandiyan	**v2.0**
Sm•Art check results:	G=2; O=0; R=0; - DP - 26/10/20 18:35:34	

mm 10 20 30 40 50 60 70 80 90 100 110 120 130 140 150 160 170 180 190 200 210 220 230 240 250

Production line			
Manufacturing site			
Pack Tech approver	1st	2nd	
Date			
Check Criteria	Details & Comments	Checks	
Approvals		1st	2nd
Market Approval			
Regulatory Approval			
3rd Party Approval			
Technical Drawing/ Cutter ref no. & PPI component code			
PPI component code number/s correct on artwork?			
PPI component code number/s in correct position on artwork?			
Correct drawing for the production line?			
Profile shape & dimensions			
Graphics layout/orientation			
Unwind diagram (PPTD1022/1-20)			
Printable areas/bleed			
Varnish free areas			
Variable coding position & dimensions			
Varnish and print requirements			
Pre-printed headers (alignment and suitability)			
Embossing, Braille & Foil Blocking			
Separations on artwork			
Alignment within cutter			
Braille structure			
Verification Code Type; Pharma Code / 2D / OCV			
Bar sequence and/or number correct on artwork			
Bar sequence and/or number in correct position on artwork?			
Size (height, width, spacing, font)			
Direction of read			
Light margins and print free areas			
Colour			
Repeat distance (reeled material)			
Cross check related docs ie BOM			
Bar code Type; EAN, ITF, Code39, etc			
Magnification / width and height			
Colour (e.g. black print on white background)			
Light margins & indicators			
Bearer bars & H gauges (if required)			
Symbol grade (Pass = A,B,C; Action = D,F)			
Bar code number (human readable)			
Bar code number (encoded & hidden data)			
Confirm bar code number from source			
Cross check related docs (JDE/PID)			
Photo-electric cell mark / edge marks			
Present & per Tech drawing?			
Correct pitch?			
Additional markings			
e-mark, recycle logo etc			
Legend box (RB specification)			
Correct component code			
Correct D spec / has cutter changed?			
Correct printer / has printer changed?			
Correct Substrate			
A/W is set up appropriately for this substrate			
Edge mark details			
Pharmacode details			
Colours & print process			
Varnish			
Barcode information			
General details are correct			
Pass / Fail comments and Signature			
By approving the artwork referenced within this form I authorise it for release to the print supplier			
Additional Comments			

Version 004 07/01/2020

RB Artwork and Print Specification

Trident Reference No:	RB437250
ZEN Ref:	**TR1984145**
Action:	**C**
Brand:	Gaviscon
Category:	Adult
Segment Group:	Advance Liquid
Segment:	Peppermint
Pack Size:	12X12X10ml
Market/Country:	South Africa
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RBH Contact:	Shivesh Patel

Artwork Type: BW Commercial

Component Code (2D if applicable):	**3159338**
2nd Component Code (if applicable):	**N/A**
Parent Technical Packaging Specification:	D0103734
Finished Goods Code:	**0156003**
Supply Point:	RB Hull
3rd Party Code	N/A
Pharmacode No/NE:	N/A
Edgemark Position:	N/A
CAD Cam Ref:	G-Lflt-D0103734-300x175mm
Printer:	Essentra Packaging (Bradford, UK)
Substrate:	Paper White

Technical & Non Printing Items

Cutter | Cutter 2 (if applicable)

Guides | Guides 2 (if applicable)

Colours (Leaflet)

Process Black 1 | LTH

BARCODE INFO

Barcode Type:	DataMatrix
Barcode Number:	3159338
Magnification:	N/A
Truncated By:	N/A
Full Height:	6.0 mm
Bar Height (Smallest Bar):	N/A
BWR:	0 microns
Encoded Data:	N/A

HEALTH ▸ HYGIENE ▸ HOME

TRIDENT
Connaught House, Connaught Road,
Kingswood Business Park, Hull, HU7 3AP, England.
T: +44 (0) 1482 828100

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STUDIO USE ONLY	Divya Pandiyan	**v2.0**
Sm•Art check results:	G=2; O=0; R=0; - DP - 26/10/20 18:35:34	

mm 10 20 30 40 50 60 70 80 90 100 110 120 130 140 150 160 170 180 190 200 210 220 230 240 250