PATIENT INFORMATION LEAFLET

Read all of this leaflet carefully because it contains important information for you

Digestif Rennie® Aniseed tablets are available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use Digestif Rennie® Aniseed tablets carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Digestif Rennie® Aniseed tablets with any other person.
- Ask your pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after 14 days..

SCHEDULING STATUS:

SO

PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM

Digestif Rennie Aniseed®, Calcium carbonate 680 mg and magnesium carbonate 80 mg, Tablets**,**

WHAT DIGESTIF RENNIE® ANISEED TABLETS CONTAIN:

The active ingredients are: Calcium carbonate 680 mg, magnesium carbonate 80 mg.

The other ingredients are: Aniseed flavour, aspartame*, light liquid paraffin, liquorice flavour, magnesium stearate, maize starch, potato starch, sucrose, talc.

RESTRICTED

WHAT DIGESTIF RENNIE® ANISEED IS USED FOR:

Digestif Rennie® Aniseed tablets are used for the symptomatic relief of acid-related symptoms, e.g heartburn, acid vomiting, and episodic stomach pain, as well as for gastric hyperacidity leading to indigestion.

BEFORE YOU TAKE DIGESTIF RENNIE® ANISEED TABLETS

In cases of renal impairment the product should only be used on medical advice.

Digestif Rennie® Aniseed tablets should be used with caution when a state of debility, renal insufficiency or a pre-disposition to kidney stones exists.

Do not take DIGESTIF RENNIE® ANISEED TABLETS

- If you are allergic to any of the ingredients
- If your calcium blood levels are high
- If your magnesium blood levels are high
- If you have kidney stones
- If your kidneys are not functioning normally
- If your phosphorus blood levels are low
- If you are under the age of 12 years.

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Pregnancy and Breastfeeding:

- No increased risk of birth defects have been observed after the use of Digestif Rennie® Aniseed tablets by pregnant women.
- Digestif Rennie® Aniseed tablets can be used during pregnancy and breastfeeding if taken as instructed, but prolonged intake of high doses should be avoided.
- Pregnant women should limit the use of Digestif Rennie® Aniseed tablets to the maximum recommended daily doses.

If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before taking Digestif Rennie® Aniseed tablets.

Driving and using machinery:

Digestif Rennie® Aniseed tablets are not expected to have an effect on these functions.

Important information about some of the ingredients of Digestif Rennie® Aniseed:

Digestif Rennie® Aniseed tablets contain a source of phenylalanine (aspartame), equivalent to 10 mg per tablet which may be harmful for patients with phenylketonuria. They also contain sugar in the form of sucrose, equivalent to 475 mg per tablet. This should be considered by diabetic patients.

Taking other medicines with Digestif Rennie Aniseed:

Always tell your healthcare professional if you are taking any other medicine.

(This includes complementary or traditional medicines.)

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Digestif Rennie® Aniseed tablets contain calcium and magnesium which may interact with antibiotics, levothyroxine and eltrombopag resulting in the decreased absorption of the medicine. This should be considered upon concomitant administration of other medicines.

HOW TO TAKE DIGESTIF RENNIE® ANISEED TABLETS:

Adults and children over 12 years:

Chew or suck one or two tablets half hourly as required. Chew one or two tablets one hour after meals and before going to bed but also between meals in case of heartburn or stomach pain.

Not recommended for children under 12 years of age

No water is required.

Not more than twelve tablets to be taken in 24 hours.

Do not share medicines prescribed for you with any other person.

If you take more Digestif Rennie® Aniseed tablets than you should:

You may experience the following symptoms: nausea, vomiting, constipation and muscular weakness. In these cases, stop taking Digestif Rennie® Aniseed tablets and drink enough liquid.

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

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POSSIBLE SIDE EFFECTS

Digestif Rennie® Aniseed tablets can have side effects.

If any of the following happens, stop taking Digestif Rennie® Aniseed tablets and tell your doctor immediately or go to the casualty department at your nearest hospital.

- Rash
- Muscular weakness
- Nausea, vomiting, stomach discomfort and diarrhea
- Headache
- Swelling

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

STORING AND DISPOSING OF DIGESTIF RENNIE® ANISEED TABLETS

Store at or below 25 °C in a cool dry place.

Keep all medicines out of the reach of children.

Do not use after the expiry date stated on the carton.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets)

PRESENTATION OF DIGESTIF RENNIE® ANISEED TABLETS

Digestif Rennie® Aniseed tablets is available in blister packs of 2, 6, 24, 48 and 96 tablets or Roll Wraps of 12 tablets.

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IDENTIFICATION OF DIGESTIF RENNIE® ANISEED TABLETS

Cream white square shaped tablets with rounded corners and concave surfaces engraved "RENNIE®", with a smell and taste of liquorice and aniseed.

REGISTRATION NUMBER:

32/11.4.1/0568

NAME AND ADDRESS OF THE REGISTRATION HOLDER:

Bayer (Pty) Ltd

27 Wrench Road

Isando

1600

South Africa

Co. Reg. No. 1968/011192/07

DATE OF PUBLICATION OF THIS PACKAGE INSERT:

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