SCHEDULING STATUS **S0**

PROPRIETARY NAME, STRENGTH AND DOSAGE FORM:
GAVISCON LIQUID ANISEED Suspension
Sodium alginate 500 mg and Sodium bicarbonate 267 mg per 10 ml

Read this entire leaflet carefully because it contains important information for you.
This medicine is available without a doctor's prescription, for you to treat a mild illness.
Nevertheless, you still need to use GAVISCON LIQUID ANISEED carefully to get the best results from it.

- Keep this leaflet. You may need to read it again
- Ask your pharmacist if you need more information or advise.
- Do not share Gaviscon Liquid Aniseed with any other person.
- You must see a doctor if your symptoms worsen or do not improve after 7 days.

1. WHAT GAVISCON LIQUID ANISEED CONTAINS:
Each 10 ml of GAVISCON LIQUID ANISEED contains sodium alginate 500 mg and Sodium Bicarbonate 267 mg.
The other ingredients are calcium carbonate carbomer, sodium saccharin, fennel flavour, erythrosine, sodium hydroxide and water.
Preservatives: Methylhydroxybenzoate 0,4% m/v and Propylhydroxybenzoate 0,06% m/v.
Contains sweetener (Saccharin sodium 0,100%m/v).

2. WHAT GAVISCON LIQUID ANISEED IS USED FOR:
GAVISCON LIQUID ANISEED is used for the following conditions: gastric reflux (reflux of stomach contents into the oesophagus); reflux oesophagitis (inflamed foodpipe); heartburn, including heartburn during pregnancy; and conditions associated with gastric reflux including hiatus hernia (protrusion of muscle through a muscle wall); flatulence (accumulation of gas in the stomach or intestines); epigastric and retrosternal distress.

3. BEFORE YOU TAKE GAVISCON LIQUID ANISEED
Do not take GAVISCON LIQUID ANISEED:

- If you are hypersensitive (allergic) to sodium alginate or any other ingredients.

Contains methyl parahydroxybenzoate and propyl parahydroxybenzoate: May cause allergic reactions (possibly delayed)

Take special care with GAVISCON LIQUID ANISEED:

- If you have heart disease or high blood pressure
- If you are receiving corticosteroids
- If you have kidney disease, electrolyte imbalances (e.g. low calcium levels) or cirrhosis of the liver.
- Care needs to be taken in treating patients with hypercalcaemia, nephrocalcinosis, and recurrent calcium containing renal calculi.

Taking GAVISCON LIQUID ANISEED with food and drink:
This medicine is usually taken after meals and at bedtime.

Pregnancy and breast-feeding:
GAVISCON LIQUID ANISEED is used for heartburn of pregnancy.
No effects of GAVISCON LIQUID ANISEED have been shown in breast fed newborns/infants of treated mothers. Gaviscon can be used during breastfeeding.
If you are pregnant or breast-feeding your baby while taking this medicine, please consult your doctor, pharmacist or other healthcare professional of advice.
Fertility:
GAVISCON LIQUID ANISEED has no negative effect in parental or offspring fertility or reproduction.
Clinical data do not suggest that GAVISCON LIQUID ANISEED has an effect on human fertility.
Driving and using machinery:
GAVISCON LIQUID ANISEED has no or negligible influence on driving or the ability to operate tools or machines.

Important information about some of the ingredients of GAVISCON LIQUID ANISEED:
High blood levels of calcium can occur following the regular use of calcium carbonate.
Taking other medicines with GAVISCON LIQUID ANISEED:
Large doses of GAVISCON LIQUID ANISEED may affect the absorption of other oral medicines. If you are taking other medicines on a regular basis, including complementary or traditional medicines, the use of GAVISCON LIQUID ANISEED with these medicines may cause undesirable interactions.
A time-interval of 2 hours should be considered between GAVISCON LIQUID ANISEED intake and the administration of other medicinal products, especially tetracyclines, flouroquinolones, iron salts, thyroid hormones, chloroquine, bisphosphates, and estramustine.
Please consult your doctor, pharmacist or other health professional for advice.

4. HOW TO TAKE GAVISCON LIQUID ANISEED

For oral use
SHAKE WELL BEFORE USE
Always take GAVISCON LIQUID ANISEED exactly as described in this leaflet or as your doctor or pharmacist or nurse has told you. Check with your doctor or pharmacist or nurse if you are not sure.
The usual dose is:
Adults and children over 12 years: 10 - 20 ml after meals and at bedtime.
Children under 12 years: Should be given only on medical advice
Renal insufficiency: Caution if highly restricted salt diet is necessary. (See “WARNINGS”)
Duration of treatment: If symptoms do not improve after seven days, the clinical situation should be reviewed by a medical practitioner.
If you have the impression that the effect of GAVISCON LIQUID ANISEED is too strong or too weak, tell your doctor or pharmacist.

Do not share medicines prescribed for you with any other person.

If you take more GAVISCON LIQUID ANISEED than you should:
Very large doses may cause bloating. In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.
If you forgot to take GAVISCON LIQUID ANISEED:

- If you miss a dose of this medicine and you are taking it regularly, take it as soon as you remember. If it is nearly time for the next dose, skip the missed dose and go back to your normal dosage schedule. Do not take a double dose to make up for forgotten individual doses.

5. POSSIBLE SIDE EFFECTS

Like all medicines, GAVISCON LIQUID ANISEED can have side effects.
If any of the following minor side effects continue, are severe or bother you, speak to your doctor or pharmacist:

- Stomach cramps, flatulence

If any of the following side effects occur, speak to your doctor or pharmacist:

- Skin rash, hives, itching, problems with breathing

Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen while taking this medicine, please consult your doctor, pharmacist or other health care professional for advice.

6. STRONG AND DISPOSING GAVISCON LIQUID ANISEED

Store at or below 25°C in a dry place
Keep all medicines out of reach and sight of children.
Do not store in bathrooms.
Do not use after the expiry date stated on the bottle.
Return all unused medicine to your pharmacist.
Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

7. PRESENTATION

Amber glass bottles containing 150 ml, 200 ml, 250 ml, 300 ml, 500 ml or 600 ml.

8. IDENTIFICATION
An opaque pink suspension with an odour of fennel.

9. REGISTRATION NUMBER
L/11.10/1

10. NAME, BUSINESS ADDRESS AND TELEPHONE NUMBER OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION
Reckitt Benckiser Pharmaceuticals (Pty) Ltd
8 Jet Park Road
Elandsfontein
1601
+2711 871 1611

11. DATE OF PUBLICATION OF THIS PATIENT INFORMATION LEAFLET
Date on the registration certificate: 20 April 1979
Date of the most recently revised patient information leaflet: 17 January 2020

Please go to the link for access to the corresponding PI: https://cpdcentre.co.za/product-inserts/Gaviscon-Liquid-Aniseed.pdf